C. elegans as a model for membrane traffic

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Abstract

The counterbalancing action of the endocytosis and secretory pathways maintains a dynamic equilibrium that regulates the composition of the plasma membrane, allowing it to maintain homeostasis and to change rapidly in response to alterations in the extracellular environment and/or intracellular metabolism. These pathways are intimately integrated with intercellular signaling systems and play critical roles in all cells. Studies in *Caenorhabditis elegans* have revealed diverse roles of membrane trafficking in physiology and development and have also provided molecular insight into the fundamental mechanisms that direct cargo sorting, vesicle budding, and membrane fission and fusion. In this review, we summarize progress in understanding membrane trafficking mechanisms derived from work in *C. elegans*, focusing mainly on work done in non-neuronal cell-types, especially the germline, early embryo, coelomocytes, and intestine.

1. Overview of membrane trafficking

Membrane trafficking mediates transport of proteins and lipids within the endomembrane system, which is composed of small vesicles and larger intracellular organelles, including the endoplasmic reticulum (ER), the Golgi complex, endosomes, lysosomes, and autophagosomes (Figure 1) (Mukherjee et al., 1997; Delic et al., 2013). Protein transport between compartments is mediated in part by budding and fusion of small transport vesicles or tubules, fusion and fission of large organelles, and maturation processes that change organelle identity over time. Many aspects of these processes are regulated by small GTPases belonging to Arf/Sar and Rab families (Figure 2) (Chavrier and Goud, 1999). Arf/Sar GTPases typically regulate the assembly of coat proteins on donor membranes, and are required for the formation of budding vesicles. Rab proteins most commonly regulate the later steps in vesicle transport including motor-driven vesicle movement and vesicle tethering to target membranes. The *C. elegans* genome contains 11 genes encoding Arf or Arf-like proteins, 1 gene encoding Sar1, and 31 genes encoding Rab or Rab-like proteins (Table 1, see Section 6) (Pereira-Leal and Seabra, 2001; Gallegos et al., 2012). The final step of vesicle transport, membrane fusion, is mediated by soluble N-ethylmaleimide-sensitive factor attachment protein receptors (SNAREs) (Jahn and Scheller, 2006). The SNAREs are classified functionally into v-SNAREs (also called R-SNAREs), located on the vesicles/transport intermediates, and t-SNAREs (also called Q-SNAREs), located on the target membrane. The *C. elegans* genome encodes 10 t-SNARE syntaxin homologs, 3 SNAP-25 family proteins (t-∑SNAREs) and 16 other SNAREs (Table 2, Section 6) (Sato et al., 2011).
Figure 1. Membrane trafficking pathways in the endomembrane system. Transport is mediated by budding and fusion of transport carriers (vesicles or tubules), fusion of organelles, or maturation of organelles. Budding of some transport carriers is mediated by coat proteins, and representative coat proteins are indicated.

Figure 2. General mechanisms of membrane budding and fusion. Vesicles (transport carriers) are formed from the donor membrane (budding), and this process is mediated by Arf/Sar GTPases and coat proteins. Arf/Sar GTPases and coat proteins are also involved in sorting of cargo proteins into vesicles. After uncoating, Rab GTPases recruit tethering factors that help v-SNAREs on vesicles to pair with specific t-SNAREs on acceptor membranes (tethering). Then, v-SNAREs and t-SNAREs are paired (SNARE pairing), mediating the selective fusion of vesicles with the correct acceptor membrane. After fusion, SNARE complexes are disassembled by N-ethylmaleimide-sensitive fusion protein (NSF) and α-soluble NSF attachment protein (α-SNAP), and are reused.

In the biosynthetic pathway transmembrane proteins and secretory proteins are synthesized in the ER. Many such proteins are then sorted into COPII coated vesicles at distinct ER-exit sites that transport cargo to the Golgi (Bonifacino and Glick, 2004). Most of these proteins are then delivered from the trans-Golgi network (TGN) to destinations such as the plasma membrane, endosomes, and lysosomes. Many proteins that function within the ER are actively recycled from the Golgi to the ER via COPI-mediated retrograde transport, a process required to maintain their ER localization. Similarly, many proteins require COPI-mediated retrograde transport from trans- to cis-Golgi compartments to maintain their usual position within the Golgi stack. Transport from the TGN to endosomes or lysosomes is mediated by clathrin-coated vesicles associated with adaptor protein complexes AP1 and...
GGA1. Most transport from the Golgi to the plasma membrane is thought to be clathrin-independent, although some secretory cargo in epithelial cells is now thought to reach the plasma membrane in an AP1/clathrin-dependent manner (Ang et al., 2004).

Cell surface membrane proteins, and extracellular macromolecules that bind to them, are internalized by endocytosis, either through cell-surface clathrin-coated pits or through a variety of poorly understood clathrin-independent mechanisms (Brodsky et al., 2001; Mayor and Pagano, 2007). Internalized cargo is transported to endosomes from which it can be sorted to lysosomes for degradation, recycled to the plasma membrane, often via a distinct recycling endosome compartment, or recycled to the TGN via retrograde recycling (endosome to Golgi transport) (Grant and Donaldson, 2009; Seaman, 2012). Very large particles, such as whole apoptotic cells, can be internalized by phagocytosis (also called engulfment). Phagosomes interact sequentially with endosomes and lysosomes to form phagolysosomes, which degrade their contents (Lu and Zhou, 2012). Large cytoplasmic organelles and macromolecules can reach the lysosome for degradation via autophagy, a process by which cytoplasmic cargo is encircled by assembly of a distinct double membrane, then fusion of the autophagosome with the lysosome (Sato and Sato, 2013a; see WormBook chapter Autophagy in C. elegans).

One aspect that defines and distinguishes membrane-bound organelles from one-another is their phosphatidylinositol (PI) lipid composition (Di Paolo and De Camilli, 2006). The inositol head group of PIs are often phosphorylated at defined positions around the inositol ring, giving rise to functionally distinct lipids. Many peripheral membrane proteins involved in membrane transport contain lipid binding domains with distinct preferences for particular phosphoinositide species. Such domains include the FYVE, PH, PX, and GRAM (Di Paolo and De Camilli, 2006). The distribution and importance for particular PI lipids appears largely conserved between mammals and C. elegans. Some examples include the enrichment of PI(4)P on the Golgi, PI(4,5)P2 on the plasma membrane and to a lesser extent on recycling endosomes, PI(3)P on early endosomes, and PI(3,5)P2 on late endosomes/lysosomes (Di Paolo and De Camilli, 2006). The control of the phosphorylation status of the inositol head group on particular membranes provides membrane identity, and has strong effects on which trafficking regulators are recruited and activated on particular organelles.

2. Endocytosis: screens and assays

Endocytosis is a key process that uses budding vesicles to selectively remove lipids and proteins from the plasma membrane, counterbalancing secretion, and contributing heavily to the control of plasma membrane composition (Mukherjee et al., 1997). Endocytosis also acts as a key portal by which cells take in macromolecules from the outside environment, such as nutrients and intercellular signals, typically through interaction with endocytic receptors. Endocytic uptake can be clathrin-dependent, mediated by the budding of clathrin-coated vesicles, or through a variety of poorly understood clathrin-independent vesicle budding events (Mayor and Pagano, 2007). Once internalized, primary endocytic vesicles fuse with endosomes, and extensive sorting processes within endosomes determine the final destination of cargo molecules (Maxfield and McGraw, 2004; Grant and Donaldson, 2009). In C. elegans, endocytosis has been studied most extensively in oocytes, early embryos, coelomocytes, and polarized epithelial cells of the intestine. The intestine is a polarized single layer epithelium, whereas the coelomocyte and the oocyte are generally considered to be non-polarized (see WormBook chapters Intracellular trafficking and The C. elegans intestine). Polarized cells, such as epithelia and neurons, maintain two completely distinct plasma membrane domains (e.g., apical versus basolateral and axon versus dendrite), which places extra demands upon the secretory and endocytic machinery (Ang and Folsch, 2012).

Several systematic genetic screens for endocytosis regulators provided important groundwork for current studies involving endocytic transport in C. elegans. One screen was the Receptor Mediated Endocytosis screen (RME screen) that assayed for defects in the uptake by oocytes of the intestinally secreted yolk protein YP170A (encoded by the vitellogenin gene vit-2, Figure 3) (Grant and Hirsh, 1999; Balklava et al., 2007). YP170::GFP adult hermaphrodites display two or three bright fluorescent oocytes, bright embryos in the uterus, and a visibly bright intestine. The pseudocoelom (body cavity) of such animals is dim. Worms defective in YP170::GFP endocytosis by oocytes display dim or dark oocytes and embryos, while the body cavity of such animals is filled with bright fluorescent YP170::GFP (Grant and Hirsh, 1999; Balklava et al., 2007). This phenotype can result from defects in the endocytosis, recycling, or cell surface delivery of the yolk receptor (RME-2) in oocytes. Analysis of yolk receptor RME-2 localization in the oocytes, using RME-2::GFP strains or anti-RME-2 antibodies, can help to differentiate between these possibilities (Balklava et al., 2007). Worms defective in secretion of YP170::GFP by the intestine display an enhanced fluorescent signal from the intestine, and dim or dark pseudocoelom and oocytes/embryos. RNAi of even general secretion factors can sometimes result in accumulation of pseudocoelomic YP170::GFP, presumably because RNAi-mediated knockdown can be more efficient in the germline than in the
intestine (Balklava et al., 2007). Traditional genetic screens using this assay identified 11 genes important for membrane traffic (Grant and Hirsh, 1999). A genome wide RNAi screen using the same assay identified hundreds of candidate endocytosis and secretion genes (Balklava et al., 2007).

Another major systematic screen for endocytosis regulators was the Coelomocyte Uptake Defective (CUP) screen, which identified mutants with coelomocytes that could not endocytose green fluorescent protein (GFP) (Figure 3) (Fares and Greenwald, 2001a). In this case the reporter molecule was simple GFP with an N-terminal signal sequence, from the SEL-1 protein, expressed specifically from body-wall muscle cells. Coelomocyte cells are scavenger type cells capable of removing numerous macromolecules from the body cavity by endocytosis. Although coelomocytes in larger invertebrates such as starfish or Ascaris are motile phagocytes like mammalian macrophages, the six C. elegans coelomocyte cells appear to be stationary, with fixed anatomical positions, and appear to use only endocytosis, rather than phagocytosis, to clear molecules from the pseudocoelom (Fares and Greenwald, 2001a). The CUP screen identified 14 genes important for endocytic trafficking, including three genes that overlapped with the RME screen (rme-1, rme-6, and rme-8) (Fares and Greenwald, 2001a).

Other tissues in C. elegans have also been used to study endocytosis mechanisms, especially the polarized epithelium of the intestine, and neurons. One set of studies has focused on basolateral recycling mechanisms that return endocytosed basolateral membrane proteins from endosomes to the plasma membrane (Chen et al., 2006).
Traditional genetic screens and targeted RNAi screens identified many proteins important for the formation or function of the autofluorescent lysosome-like organelles (gut granules) of the intestine (Hermann et al., 2005). While one recent genome-wide RNAi screen assayed for altered localization of apical intestinal membrane protein PEPT-1, apical recycling endosome protein RAB-11, and gut granules, another screened for defects in the localization of LRP-1 on hypodermal apical membranes (Winter et al., 2012; Kang et al., 2013).

### 2.1. Plasma membrane clathrin and clathrin adaptors

The best-studied route of uptake from the plasma membrane is via the clathrin-coated pit. Clathrin assembles into a lattice structure that deforms the membrane into a bud (Brodsky et al., 2001). The main structural units of the clathrin cage are the heavy chain (CHC-1) and the light chain (CLIC-1). Extensive evidence, from RNAi experiments and a temperature sensitive allele of che-1, indicates that CHC-1 is essential for endocytosis and viability in *C. elegans* (Sato et al., 2009). CLIC-1 itself does not appear to be essential for endocytosis or viability, based upon RNAi and deletion mutant analysis (Sato et al., 2009). However, RNAi of clic-1 in a che-1 temperature sensitive mutant background caused embryonic lethality at the permissive temperature, suggesting a role of CLIC-1 in at least one clathrin-mediated function *in vivo* (Sato et al., 2009). Data in mammalian cells indicates that clathrin light chain is more important for clathrin-mediated transport from the Golgi to endosomes, a route that delivers newly synthesized lysosomal proteins, but this has not been tested in worms (Poupon et al., 2008).

Clathrin does not bind directly to membranes or cargo. Rather, these functions are carried out by a variety of clathrin adaptors. Clathrin adaptors typically bind to short peptide motifs found in the intracellular domains of transmembrane proteins, and many clathrin adaptors also bind directly to the negatively charged plasma membrane enriched lipid PI(4,5)P2 (Traub, 2009). Some adaptors also bind to ubiquitin. Ubiquitylation of the intracellular domain of transmembrane cargo proteins can act to direct their endocytosis and sorting within the endosomal system (Traub and Lukacs, 2007). In other organisms it has been shown that clathrin adaptors can bind to ubiquitin, where mono-ubiquitin and/or K63-linked polyubiquitin are typically recognized (Lauwers et al., 2009).

There are several kinds of adaptors at the plasma membrane. One such adaptor, the heterotetrameric AP2 adaptor complex, is composed of four subunits, APA-2 (α-adaptin), APS-2 (σ-adaptin), APB-1 (β-adaptin), and APM-2/DPY-23 (µ2-adaptin) (Doray et al., 2007). The AP-2 subunit is thought to bind to intracellular cargo sequences of the type YXXΦ, where Φ is a large hydrophobic amino acid. One common cargo tail sequence bound by the subcomplex of α/σ–adaptins is (D/E)XXXL(L/I/M), the so-called dileucine motif. Other less common motifs may also bind to AP2. Traditionally the loss of any single subunit of the AP2 complex was thought to render the whole complex unstable and non-functional. However, recent work indicates that the tetramer is composed of two heterodimers called hemicomplexes, and that each hemicomplex retains some function in the absence of the other (Doray et al., 2007; Gu et al., 2013). Biochemical experiments in mammals indicate that one hemicomplex contains α-adaptin and σ-adaptin, while the other hemicomplex contains β-adaptin and µ2-adaptin (Doray et al., 2007). A similar arrangement is found in the related AP1 complex and is expected in the related AP3 complex.

At the genetic level in *C. elegans* the partial independence of the two hemicomplexes is reflected in terms of viability (Gu et al., 2013). While apa-2 and apm-2 null mutants are viable individually, apa-2; apm-2 double mutants are lethal. These results suggest that the remaining µ2/β hemicomplex retains some function when the other hemicomplex is compromised. Interestingly apa-2; apm-2 double mutant lethality can be rescued by expression of APA-2 or APM-2 in the hypodermis, indicating this tissue as the essential focus of AP2 activity. Consistent with this idea of partial hemicomplex independence, apa-2 null mutants are only mildly affected in terms of localization and abundance of APA-2 and APB-1. In contrast the APA-2 hemicomplex partner APS-2 is dramatically reduced in abundance, and the remaining APS-2 protein is mislocalized to the cytoplasm, indicating that APS-2 is unstable without APA-2. Also consistent with this model, hemicomplex partners APA-2 and APS-2 are only mildly affected in terms of localization and abundance by loss of APA-2. APB-1 is a more complex case because it is shared between the AP2 and AP1 complexes. However, even in this case, loss of the APB-1 hemicomplex partner APM-2 results in the loss of APB-1 from cellular locations that are normally occupied by AP2. Cargo experiments performed in the intestine also support the idea of partial hemicomplex independence. Known APA-2-dependent cargo MIG-14/Wntless was much less strongly affected by loss of APA-2 than loss of APM-2, and an artificial cargo bearing a dileucine internalization sequence was much more strongly affected by APA-2 than APM-2.

Another clathrin adaptor that has been studied in some depth in *C. elegans* is DAB-1, a PTB domain protein of the disabled protein family. PTB domains typically bind to cargo and membrane PI-lipids (DiNitto and Lambright, 2006). Disabled/Dab-family PTB domains bind to the plasma membrane-enriched lipid PI(4,5)P2, and to the typical internalization sequence found in LDL receptor family proteins, FXNPXY (Mishra et al., 2002). Consistent with a particularly important role for DAB-1 in the internalization of LDL family receptors, dab-1 mutants are strongly
defective in the endocytosis of the yolk receptor RME-2 in oocytes, and the megalin homolog LRP-1 in the hypodermis (Kamikura and Cooper, 2003; Kamikura and Cooper, 2006; Holmes et al., 2007). DAB-1 also affects other receptor types, binding to the intracellular domain of the VAB-1 ephrin receptor, and affecting VAB-1 trafficking in the oocytes of spermless mutants (Cheng et al., 2008). DAB-1 is also important for GFP endocytosis by coelomocytes, suggesting a role in the endocytosis of scavenger receptors (Fares and Greenwald, 2001a). DAB-1 binds to other clathrin adaptors, including AP2 (Kamikura and Cooper, 2006). This interaction appears important for helping to localize DAB-1, since loss of AP2 or clathrin results in the loss of DAB-1 from the oocyte cortex (Holmes et al., 2007). This likely explains how loss of AP2 results in the reduced endocytosis of DAB-1 dependent cargo, such as RME-2, even if AP2 does not directly bind such cargo (Grant and Hirsh, 1999). The clathrin adaptor EPN-1/epsin is also important for the internalization of LRP-1 and RME-2, but is not thought to bind directly to the intracellular domain of LDL-R type receptors (Balklava et al., 2007; Holmes et al., 2007; Kang et al., 2013). DAB-1 may also play a role in intracellular clathrin mediated trafficking on the Golgi and/or endosomes. This is suggested by synthetic phenotypes with intracellular clathrin adaptors AP1 and AP2, and reports of disabled family proteins affecting receptor recycling in mammalian cells (Kamikura and Cooper, 2006; Chibalina et al., 2007; Holmes et al., 2007; Wang et al., 2008; Penheiter et al., 2010; Fu et al., 2012).

While clathrin adaptors can be relatively specific for subsets of clathrin dependent cargo, they can also be highly redundant, requiring loss of multiple adaptors to noticeably affect the traffic of other cargo. An example of such redundancy comes from studies of clathrin adaptors FCHO-1/Fchol, EHS-1/Eps15, and ITSN-1/Intersectin (FEI complex) (Mayers et al., 2013). Early studies implicated ITSN-1 in endocytosis in neuronal and non-neuronal cells, but the effects were relatively weak (Glodowski et al., 2007; Wang et al., 2008). Recent work shows that ITSN-1, FCHO-1, and EHS-1 must all be removed to observe a defect in the endocytosis of MIG-14/Wntless in the early embryo (Mayers et al., 2013). These three adaptors were shown to form a tripartite complex that appears partially redundant with the AP2 complex. For the internalization of ubiquitylated CAV-1 (caveolin-1 homolog) in the early embryo, the ITSN-1/FCHO-1/EHS-1 complex appears to be redundant with EPN-1 (Mayers et al., 2013). Loss of only epsin does not produce any noticeable effect on CAV-1. However as mentioned above, *epn-1* single mutants have strong effects on LRP-1 endocytosis (Kang et al., 2013). Epsin single mutants also have strong effects on the endocytosis of Delta-family ligands in *Drosophila*, and studies of *C. elegans* GLP-1/Notch signaling in the gonad distal tip cells indicate that EPN-1/Epsin likely functions with transmembrane GLP-1 ligand LAG-2, a Delta homolog (Tian et al., 2004; Wang and Struhl, 2004).

### 2.2. Other proteins that affect early uptake steps.

As mentioned above, many clathrin adaptors bind to the lipid PI(4, 5)P2 which is important for their plasma membrane recruitment, and in some cases promotes conformational changes that encourage binding to cargo (Traub, 2009). Two proteins identified in the coelomocyte screens (CUP-4 and MCA-3/CUP-7) affect plasma membrane PI(4, 5)P2 levels, and this change in PI(4,5)2 may block endocytosis, at least in part, via effects on clathrin adaptors (Patton et al., 2005; Bednarek et al., 2007).

*Cup* mutant coelomocytes display a defect in a very early step of endocytosis, prior to cargo entry into early endosomes (Patton et al., 2005). The earliest defect observed in *cup-4* is a reduced level of cortical PI(4, 5)P2, as revealed using a PI(4, 5)P2 reporter, the PH domain of rat PLC-δ tagged with GFP. CUP-4 is a subunit of a non-neuronal ligand-gated ion channel that shows the highest similarity to mammalian nicotinic acetylcholine receptors (nAChRs). RNAi of another worm nAChR family protein (*Y58G8A.1*) also shows the Cup phenotype (Patton et al., 2005). These results suggest that CUP-4 and *Y58G8A.1* assemble together to form a channel whose signaling modulates the level of PI(4, 5)P2 at the plasma membrane.

MCA-3 (*CUP-7*) is a plasma membrane Ca\(^{2+}\) ATPase (PMCA) that removes cytosolic Ca\(^{2+}\) to maintain proper intracellular Ca\(^{2+}\) levels (Bednarek et al., 2007; Brini and Carafoli, 2011). In *cup-7* mutants, the level of PI(4, 5)P2 at the PM is reduced, and clathrin and RME-1 are also mislocalized. The Cup phenotype of *mca-3/cup-7* can be suppressed by growing animals on plates lacking Ca\(^{2+}\) supplemented with calcium chelator EGTA. These results suggest that lowering extracellular calcium suppresses defects associated with the loss of MCA-3, consistent with the model that excess Ca\(^{2+}\) in the cytoplasm causes the endocytosis defect, perhaps through effects on PI(4, 5)P2 modifying enzymes (Bednarek et al., 2007).

### 2.3. RAB-5 and the early endosome

The small GTPase Rab5 is a master regulator of the early endocytic pathway and is considered a canonical marker for the early endosome (Bucci et al., 1992). In its active GTP-bound form Rab5 recruits a host of effector proteins to the early endosome (Woodman, 2000). Rab5 is also thought to be present at lower levels on...
clathrin-coated vesicles (Horiuchi et al., 1995). One of the key roles of Rab5 in endocytosis is to promote membrane fusion. This includes fusion of nascent endocytic vesicles with early endosomes, and the fusion of early endosomes with one another (homotypic endosome fusion) (Woodman, 2000). As with other members of the Ras superfamily, Rab5 activity is controlled by guanine-nucleotide exchange factors that activate it, and GTPase-activating proteins that inactivate it. Rab5 exchange factors are defined by the catalytic Vps9 domain (Carney et al., 2006). *C. elegans* RAB-5 is essential for viability and for endocytosis of YP170::GFP (Grant and Hirsh, 1999). One protein, TBC-2, has been reported as a RAB-5 GAP, while three *C. elegans* genes encode proteins containing the canonical Rab5 GEF domain Vps9 (Sato et al., 2005; Li et al., 2009; Chotard et al., 2010b). The activities of two Rab5 GEF domain Vps9 proteins RME-6 and RABX-5 are partially redundant however, since removal of either one is not lethal, and does not result in removal of all RAB-5 from membranes, whereas removal of both results in embryonic and larval lethality, and apparent loss of all RAB-5 from membranes (Sato et al., 2005). The other Vps9 domain protein in *C. elegans*, RIN-1, has no functional information currently available.

RME-6 binds to the clathrin-adaptor APA-2 and is mainly localized to clathrin-coated pits (Sato et al., 2005). Phenotypic data suggests that RME-6 functions to activate RAB-5 on the primary endocytic vesicles derived from coated-pits (Figure 4). Rab5 GEF activity associated with CCVs had been identified in vesicles purified from mammalian cells, but the particular protein responsible for this activity was first determined in *C. elegans* (Horiuchi et al., 1995; Sato et al., 2005). Subsequent work in mammalian cells suggests that mammalian hRME-6/Gapex5 performs a similar function (Semerdjieva et al., 2008).

**Figure 4. Priming of fusion and recycling at the clathrin-coated pit.** RME-6 and RME-4 are conserved exchange factors for RAB-5 and RAB-35, respectively, and are both associated with clathrin-coated pits. RME-6-mediated activation of RAB-5 prepares the nascent vesicles to fuse with the early endosomes. RME-4-mediated activation of RAB-35 prepares for recycling of internalized receptors to the PM.

RABX-5 is thought to activate RAB-5 on early endosomes, where it is important for homotypic early endosome fusion, degradative transport toward the late endosome, and probably recycling transport as well (Woodman, 2000; Sato et al., 2005; Poteryaev et al., 2010; Dwivedi et al., 2011; Sann et al., 2012). RABX-5 is removed from early endosomes by the action of SAND-1 and its associated proteins as the degradative process proceeds, as RAB-5-positive early endosomes mature into RAB-7-positive late endosomes (Poteryaev et al., 2010). Effectors of RAB-5 that act in the fusion process include RABS-5 (Rabenosyn5) and its binding protein VPS-45, as well as VPS-34, a lipid kinase responsible for generation of PI(3)P on early endosomes (Gengyo-Ando et al., 2007). In other organisms Vps34 is known to form a complex with beclin (BEC-1 in worms) and P150 (VPS-15 in worms) (Funderburk et al., 2010). Many peripheral membrane proteins of the early endosome, including those affecting homotypic fusion, recycling, and degradation, bind to PI(3)P and are dependent on it as a key part of their endosomal recruitment (Lindmo and Stenmark, 2006). Two lipid phosphatases, MTM-6 and MTM-9, whose substrate is PI(3)P, were isolated in a screen for defects in coelomocyte endocytosis (Dang et al., 2004). Mutations in *bec-1, mtm-6* or *mtm-9* all resulted in diffuse localization of the PI(3)P marker 2XFYVE::GFP, and/or failure of coelomocytes to endocytose GFP or labeled BSA (Dang et al., 2004; Ruck et al., 2011). The lethality of VPS-34 mutations can be suppressed by RNAi against MTM-6, consistent with the idea that VPS-34 and MTM-6 work in the same pathway, and have opposing effects on PI lipids (Xue et al., 2003).
2.4. Priming downstream endosome function via early interactions at the coated pit

Once internalized, transmembrane cargo proteins enter the early endosome from which they are sorted for recycling or degradation (Grant and Donaldson, 2009). Recycling proteins return to the plasma membrane via the recycling endosome or trans-Golgi network. There is also likely to be direct recycling from early endosomes to the plasma membrane, as has been demonstrated kinetically in mammalian cells, but this route has not been confirmed in C. elegans. Interestingly, work in C. elegans indicates that some regulators of recycling and degradation are recruited early in the endocytic process by interaction with clathrin-coated pit proteins. One such protein is RME-4, a protein that binds to clathrin adaptor APA-2 and localizes to coated-pits, but appears to affect receptor recycling rather than receptor uptake (Sato et al., 2008b). RME-4 binds to the GDP-bound form of the recycling regulator RAB-35 (also known as RME-5), suggesting that RME-4 regulates RAB-35. Subsequent work on mammalian RME-4 (called Connexdenn or DENND1) showed that it is a RAB-35 exchange factor (Allaire et al., 2010; Yoshimura et al., 2010). Work in C. elegans showed that RME-4 (and clathrin) are required for recruitment of RAB-35 to early endosomes, suggesting that RME-4 recruits/activates RAB-35 on clathrin-coated vesicles, from which it is delivered to the early endosome with cargo, priming the recycling of cargo during the uptake process (Figure 4) (Sato et al., 2008b). This is reminiscent of the priming of the fusion machinery during uptake by RME-6 (Sato et al., 2005). Genetic tests in the oocyte indicated that RME-4 and RAB-35 act synergistically with recycling regulators RAB-11 and RME-1 (Sato et al., 2008b).

Recent work in the early C. elegans embryo indicates that multiple plasma membrane endocytic adaptors, including the FEI complex and AP2 complex, act redundantly to recruit components of the ESCRT-0 complex (HGRS-1 and STAM-1) to the cell surface (Mayers et al., 2013). This was a surprise because ESCRT-0 mainly localizes to endosomes, where it functions with several other ESCRT complexes to sort cargo into the intralumenal vesicles of the multivesicular endosome (Henne et al., 2011). This work showed that in the absence of clathrin adaptors that bind to ESCRT-0, ESCRT-0 recruitment to the plasma membrane of early embryos was strongly reduced, and the degradation of ubiquitin-modified transmembrane cargo CAV-1 was slowed (Mayers et al., 2013). Interestingly this resulted in retention of CAV-1 in early endosomes rather than the plasma membrane, suggesting that pre-assembly of ubiquitylated cargoes with the ESCRT-0 complex during uptake in coated-pits primes degradative sorting events in the endosome. Thus it appears that many downstream events in the endocytic pathway, including fusion, recycling, and degradation, are primed early, at the level of the clathrin-coated pit, enhancing the efficiency of system.

2.5. Recycling endosomes

Beyond the work described above in the oocyte, most research on endocytic recycling mechanisms has focused on the C. elegans intestine. The intestine is an interesting case for the study of membrane traffic because it is a polarized epithelial tube, and thus maintains two distinct plasma membrane domains: apical and basolateral (Figure 5) (see The C. elegans intestine). Apical junctions separate the two domains and are thought to prevent lateral diffusion of protein and lipid components between the apical and basolateral membranes. Thus strictly controlled membrane traffic is required to maintain the distinct character and functions of the two plasma membrane domains and is required to allow the movement of cargo between domains. The C. elegans intestine is a relatively simple epithelial tube made up of 20 epithelial cells arranged mostly in pairs to form nine rings.
Figure 5. Cargo recycling through endocytic pathways in polarized intestinal cells and non-polarized cells. Transport pathways connecting the common recycling endosomes, apical recycling endosomes, basolateral early endosomes, the Golgi, and the PM, are indicated with different colors (left). The known regulators, which are involved in each process, are listed in the middle with each color indicating each transport pathway. Model cargos, which are endocytosed from the basolateral PM via clathrin-dependent endocytosis (CDE) or clathrin-independent endocytosis (CIE), are also indicated. In nonpolarized cells, both CDE and CIE cargos are transported to recycling endosomes or the Golgi via common early endosomes (right).

The apical membranes of the intestinal cells form the intestinal lumen, which is characterized by a microvillar brush border covered with a specialized extracellular matrix called the glycocalyx (see The *C. elegans* intestine). The brush border is supported from underneath by a subapical terminal web composed of actin and intermediate filaments. The basolateral membrane contacts the body cavity (pseudocoelom). Nutrients and other molecules absorbed or produced by the intestine must be exchanged via the basolateral membrane to reach the other cells of the organism. These 20 differentiated enterocyte cells are thought to be maintained for the life of the animal and are not replaced.

Several model transmembrane cargo proteins have been established to monitor basolateral traffic in the intestine (Figure 5). These include the human proteins hTAC (human IL-2 receptor α-chain), which enters cells using clathrin-independent endocytosis (CIE), and hTIR (human transferrin receptor) that enters cells using clathrin-dependent endocytosis (CDE) (Chen et al., 2006; Shi et al., 2010; Shi et al., 2012). The endogenous *C. elegans* protein MIG-14/Wntless has also been used as a model cargo for clathrin-dependent endocytosis from the basolateral membrane of the intestine (Shi et al., 2009; Ruck et al., 2011; Gu et al., 2013). hTAC and hTIR are known to recycle using basolateral recycling endosomes. They accumulate in such endosomes in *rme-1* mutant animals (Chen et al., 2006; Pant et al., 2009). MIG-14 recycles to the trans-Golgi network using a retromer-dependent mechanism and enters the degradative pathway if it fails to recycle (Pan et al., 2008; Yang et al., 2008b; Shi et al., 2009). Comparing the effects of new transport regulators on these three cargo proteins can provide preliminary insight into what steps are controlled by these regulators.

RAB-10 is a key basolateral recycling regulator in the intestine (Chen et al., 2006; Shi et al., 2010; Shi et al., 2012). *rab-10* mutants display obvious vacuoles in the intestine, some large enough to observe at the dissecting-microscope level (Chen et al., 2006). These vacuoles were identified as basolateral endosomes because they accumulate fluid-phase endocytic markers from the body cavity, including GFP secreted from muscle cells and fluorescent BSA microinjected into the body cavity. Furthermore these vacuoles label for endosome markers RAB-5 and ARF-6, and accumulate high levels of the ARF-6-dependent recycling cargo hTAC::GFP (Chen et al., 2006; Shi et al., 2012). Normal-sized RAB-5-positive early endosomes also accumulate in the *rab-10* mutant intestine (Chen et al., 2006). Furthermore the number of RME-1-positive basolateral recycling endosomes is greatly reduced, and those that remain lose their normal tubular morphology, now appearing punctate. RAB-10 partially colocalizes with the early endosome marker RAB-5, and often appears adjacent to RME-1-labeled tubular recycling endosomes.
These RAB-10 positive endosomes may be the equivalent of common recycling endosomes (CREs) that are the primary location of Rab10 in polarized MDCK cells (Babbey et al., 2006). The CRE is a recycling compartment that receives and sorts cargo from basolateral and apical membranes, and is thus a specialized organelle of polarized epithelia (Wang et al., 2000). The results in C. elegans suggested that RAB-10 functions at the junction of early endosome to recycling endosome transport. rab-10 mutants do not appear to affect Golgi, late endosomes, or apical recycling endosomes, suggesting a specific role in this transport step (Chen et al., 2006). Rab10 appears to be specific for basolateral traffic in mammalian MDCK cells as well (Babbey et al., 2006).

RAB-10 function in C. elegans initially appeared limited to polarized cells. In addition to its role in the intestine, RAB-10 functions in the recycling of the presynaptic receptor GLR-1, and in the secretion of neuropeptides in neurons (polarized cells), but did not obviously affect endocytosis in non-polarized coelomocytes or oocytes (Chen et al., 2006; Glodowski et al., 2007; Sasidharan et al., 2012). This was surprising since RAB-10 is ubiquitously expressed. In fact, further analysis revealed that RAB-10 does play a role in membrane traffic in non-polarized cells, but this function is redundant with that of its closest paralog, RAB-8 (Shi et al., 2010). While rab-10 and rab-8 single mutants are viable and fertile, many animals depleted of both RAB-10 and RAB-8 arrest as larvae, and the surviving adults are invariably sterile. The sterility appears to result from a block in germline secretion and/or recycling, with gonads depleted of both RAB-10 and RAB-8 trapping transmembrane protein SNB-1 in intracellular vesicles. The larval arrest phenotype may also result from defects in secretion and/or endocytic recycling in other cell types when RAB-10 and RAB-8 are missing. These results suggest that RAB GTPase redundancy can differ with cell type. It remains to be determined if the redundancy in non-polarized cells represents simple biochemical interchangeability of these Rabs, or reveals redundant recycling pathways that have distinct functions in polarized cells but overlapping roles in non-polarized cells.

The relationship between RAB-10 and RAB-8 was further revealed by analysis of a RAB-10 effector protein EHBP-1 (Shi et al., 2010). EHBP-1 contains a central calponin homology (CH) domain, suggesting an association with actin. Actin polymerization on membranes is thought to promote membrane fission, and in some cases supports the integrity of cargo-carrying membrane tubules (Sheff et al., 2002; Kaksonen et al., 2006; Puthenveedu et al., 2010; Romer et al., 2010). EHBP-1 can bind to both RAB-10 and RAB-8 in their GTP-loaded forms, and ehhbp-1 mutants strongly resemble animals lacking both RAB-10 and RAB-8 in terms of larval arrest, sterility, and intracellular trapping of SNB-1 in germ cells (Shi et al., 2010). However, in polarized cells ehhbp-1 mutants strongly resemble rab-10 single mutants, with intestinal and neuronal endosome and cargo defects identical to those of rab-10, rab-8 single mutants did not produce any of these phenotypes, but rather delayed the apical transport of transmembrane protein PGP-1 in the intestine (Sato et al., 2007; Shi et al., 2010). This suggests that C. elegans RAB-8 plays a role in apical transport in polarized epithelia, as has been reported for Rab8 in the mouse intestine (Sato et al., 2007). Loss of EHBP-1 affects the localization of RAB-10 but not RAB-8 in the intestine and interneurons (Shi et al., 2010). Effects of EHBP-1 on the localization of RAB-10 and RAB-8 have not been tested in non-polarized cell-types.

Recent work has provided a better molecular understanding of how RAB-10 contributes to recycling endosome function. Another RAB-10-binding partner, called CNT-1, is the only C. elegans homolog of the mammalian Arf6 GTPase-activating proteins ACAP1 and ACAP2 (Shi et al., 2012). In mammals Arf6 regulates endocytic recycling and, as mentioned above, rab-10 mutants are strongly defective in the recycling of Arf6-dependent cargo protein hTAC. hTAC may report the bulk flow of membranes as they are internalized from the cell surface and recycle after passage through the endosomal system (Radhakrishna and Donaldson, 1997; Brown et al., 2001; Naslavsky et al., 2003; Naslavsky et al., 2004). Mammalian Arf6 promotes recycling in part by activating type I phosphatidylinositol-4-phosphate 5 kinase, an enzyme that converts the lipid PI(4)P to PI(4,5)P2 (Radhakrishna and Donaldson, 1997; Brown et al., 2001). The C-terminal ankyrin repeats of CNT-1 bind to RAB-10(GTP), and CNT-1 colocalizes with RAB-10 and ARF-6 on intestinal endosomes in vivo (Shi et al., 2012). Furthermore, RAB-10 recruits CNT-1 to endosomal membranes: CNT-1 is diffuse in the cytoplasm in rab-10, but not rab-8 or rab-35, mutants. This relationship suggested that RAB-10 negatively regulates ARF-6 activity through CNT-1. Consistent with this idea, endosomal PI(4,5)P2 was elevated in cnt-1 and rab-10 mutants, and was reduced in arf-6 mutants. However, PI(4,5)P2 levels were higher in rab-10 mutants than in cnt-1 mutants, and elevated PI(4,5)P2 levels were only partially suppressed in rab-10; arf-6 double mutants. While it is clear that RAB-10 regulates PI(4,5)P2 levels on endosomes, it must do so through ARF-6 and at least one additional mechanism. The membrane content of PI(4,5)P2 strongly influences membrane traffic because it is a primary determinant in the recruitment of many peripheral membrane proteins including those that bend/deform membranes such as RME-1/Ehd (see below) and SDPN-1/Syndapin/Pacsin and those that nucleate membrane-associated actin polymerization such as N-WASP (Shi et al., 2012).
Recent work also shows that *C. elegans* CED-10/Rac1 is enriched on RAB-10-positive endosomes and promotes the recycling of basolateral cargo markers hTAC::GFP and hTfR::GFP (Sun et al., 2012). The bipartite guanine nucleotide exchange factor, CED-5/Dock180- CED-12/ELMO, but not associated protein CED-2/CrkII, were also required. Interestingly, it seemed that actin-regulation was not the key CED-10-regulated process controlling recycling. Rather, CED-10 was found to bind and help recruit the RAB-5 GAP TBC-2 to endosomes. Consistent with this idea, loss of TBC-2, which should elevate RAB-5 activity, or expression of constitutively active RAB-5(Q78L), also trapped recycling cargo, and overexpression of TBC-2 suppressed *ced-10* mutant cargo trapping. These results indicated that an important step in the transport of cargo through the basolateral recycling endosome is the inactivation of the early endosome regulator RAB-5. This is likely to be part of a transitional process linked to the activation of the next Rab in the recycling pathway, RAB-10.

RME-1 was first discovered in the yolk transport screens, with *rme-1* null mutants displaying poor endocytosis of YP170::GFP (Grant et al., 2001). Further investigation revealed that poor yolk uptake was due to poor recycling of the yolk receptor RME-2 in oocytes. It was also noted that all *rme-1* mutants displayed an unselected phenotype, progressive vacuolization of the intestine that included formation of vacuoles large enough to recognize at the level of the dissecting microscope. Subsequent work showed that these enlarged organelles labeled for ARF-6 but not RAB-5, accumulated several basolateral cargo proteins including hTAC and hTfR, and filled with basolaterally applied fluid-phase endocytosis markers but not endocytosed lipophilic dye FM 4-64 (Grant et al., 2001; Shi et al., 2012). These results indicated that RME-1 regulated a late step in basolateral recycling. RME-1 protein labeled a tubulovesicular network of endosomes just below the basolateral surface that resembled the endocytic recycling compartment (recycling endosomes) in mammalian cells (Figure 6) (Grant et al., 2001; Lin et al., 2001; Shi et al., 2012). Analysis in mammalian cells showed that the RME-1 homolog EHD1 localized to the endocytic recycling compartment and was required for recycling endosome to plasma membrane transport (Lin et al., 2001; Caplan et al., 2002). The basolateral recycling defects of *rme-1* mutants, but not of *rab-10* mutants, can be suppressed by loss of the PTB domain protein NUM-1/Numb. Current models indicate that NUM-1 is a negative regulator of recycling, although its mechanism is not known (Nilsson et al., 2008).
liposomes and ATPγS \textit{in vitro} produced dynamin-like spirals around the membranes (Figure 6) (Pant et al., 2009). RME-1 binding to membranes improved as the level of negative charged lipid levels increased. A combination of phosphatidylinerine (PS) and P(4,5)P2 produced the best binding of RME-1 to liposomes. RME-1 bound less well to PS and P(4)P. Mammalian recycling endosomes are reported to be enriched in P(4)P and P(4,5)P2 (Jovic et al., 2009). In the \textit{C. elegans} intestine reporters indicate that P(4,5)P2 is enriched on RME-1-positive basolateral recycling endosomes (Shi et al., 2012).

The similarities between RME-1 and dynamin-family pinchases were extended by the discovery that RME-1 binds to \textit{C. elegans} N-BAR protein amphiphysin/AMPH-1 (Pant et al., 2009). Amphiphysin was originally discovered as a binding partner of mammalian neuron-specific dynamin 1 (Wigge and McMahon, 1998). The interaction between RME-1 and AMPH-1 was discovered by focusing on the C-terminal, Eps15-homology (EH) of RME-1. EH-domains generally target Asn-Pro-Phe (NPF) motifs in binding partners, and the RME-1/EHD-family subfamily of EH-domains displays a preference for acidic residues after the NPF target sequence (Pant et al., 2009). \textit{C. elegans} AMPH-1 has two central NPF(D/E) containing sequences, and \textit{amph-1} RNAi or deletion displaced RME-1 from recycling endosome to the cytoplasm in the \textit{C. elegans} adult intestine. AMPH-1 colocalized with RME-1 on basolateral recycling endosomes of the intestine, and \textit{amph-1} mutants were defective in recycling cargo proteins hTfR and hTAC. The binding of RME-1 to AMPH-1 was shown to be mediated by the EH/NPF interaction, and AMPH-1 expressed from an intestine-specific promoter could rescue the hTfR recycling defect, but not if the NPF sequences were mutated to NPA. Taken together these results indicated that RME-1 and AMPH-1 function together on recycling endosomes to return recycling receptors to the basolateral cell surface.

Purified recombinant \textit{C. elegans} AMPH-1 protein turbulently negatively charged liposomes, in a manner similar to amphiphysins from other species (Pant et al., 2009). \textit{In vitro} experiments showed that RME-1 bound liposomes better when complexed with AMPH-1. Failure to help recruit RME-1 to endosomal membranes may be the reason that RME-1 appears diffusive in the intestine of \textit{amph-1} mutants. Subsequent experiments in mammalian cells showed that amphiphysin II and RME-1 homolog EHD1 colocalize on recycling endosomes, and knockdown of either amphiphysin II or EHD1 impairs transferrin recycling, indicating that RME-1 and AMPH-1 function together in mammals as they do in worms. Current models suggest that the AMPH-1 BAR domain may create membrane tubules emanating from endosomes that accumulate recycling receptors. AMPH-1 may also help to recruit RME-1 to the endosomal membrane where it assembles in rings around the neck of such tubules, pinching them off into free carriers that bring receptors to the cell surface.

Another RME-1 interacting protein is the Alix/Bro1p family protein, ALX-1 (Shi et al., 2007). ALX-1 interacts with RME-1 via two mechanisms. The EH-domain of RME-1 binds to an NPF sequence at the C-terminus of ALX-1, and the V-domain of ALX-1 binds to a YPXL sequence at the C-terminus of RME-1. Analysis of the \textit{C. elegans} intestine in \textit{alx-1} mutants indicated a defect in the endocytic recycling of CIE model cargo hTAC but not CDE model cargo hTfR. This was in addition to the well-established role for Alix-family proteins in the degradative pathway (see below). In the early embryo \textit{alx-1} mutants showed strongly delayed degradation of ESCRT-dependent cargo CAV-1 (see Section 2.8). In the \textit{C. elegans} adult intestine ALX-1 localized to both RME-1-positive recycling endosomes and HGRS-1-positive multivesicular endosomes. Perturbation of the NPF-containing ALX-1 binding interface for RME-1 blocked the ability of ALX-1 to rescue hTAC recycling in the intestine, but ALX-1 lacking the NPF sequence was still capable of rescuing MVE and late endosome morphology, suggesting that it remains functional for its role in the degradative pathway. Furthermore RME-1 lacking the YPX1 sequence was unable to rescue hTAC recycling, indicating a requirement for RME-1 interaction with ALX-1 in the recycling pathway. RME-1 is specific for recycling: \textit{rme-1} null mutants have no apparent effect on the ESCRT-mediated degradative pathway. Thus it appears that the two functions of ALX-1 are separable and represent separate associations with RME-1 and ESCRT. Expression of truncated human Alix in HeLa cells disrupted recycling of major histocompatibility complex (MHC) class I, a known EHD1/RME-1 dependent CIE cargo, suggesting that the requirement for Alix in recycling, in addition to degradation, is conserved (Shi et al., 2007).

Another group of proteins associated with recycling endosome function are the anterior PAR proteins PAR-3, PAR-6, PKC-3 and CDC-42 (Kroschewski et al., 1999; Musch et al., 2001; Ang et al., 2003; Balklava et al., 2007). These proteins were already well known for their importance in embryonic and epithelial polarity (Goldstein and Macara, 2007). A requirement for these proteins in endocytic traffic came from the yolk transport screens in the oocyte, and further analysis showed that these proteins are also important for endocytic transport in coelomocytes (Balklava et al., 2007). CDC-42 was enriched on recycling endosomes in the coelomocyte cells and also in human HeLa cells (Balklava et al., 2007). Furthermore MHCI recycling was impaired in HeLa cells after perturbation of Cdc42, indicating that the requirement for Cdc42 in recycling is conserved. These proteins may function in regulating endosomal actin function, which is associated with membrane tubulation and fission (Balklava et al., 2007). It remains to be determined if these proteins contribute to embryonic polarity in part via endosome
generation of Wnt signaling gradients, glutamate-receptor signaling and Amyloid Precursor Protein (APP) regulation, but this idea is supported by evidence that other endocytic regulators are also linked to C. elegans embryonic polarity (Nakayama et al., 2009; Hyenne et al., 2012). Furthermore, requirements for the anterior PAR complex in membrane traffic-mediated epithelial polarity have recently been shown in Drosophila, indicating a conserved role for these proteins (Georgiou et al., 2008; Leibfried et al., 2008).

In polarized epithelia like the intestine an extra recycling endosome compartment marked by RAB-11 is enriched near the apical plasma membrane (Hoekstra et al., 2004). Such apical recycling endosomes (AREs) are thought to be important for establishing and maintaining apico-basal polarity. Among the hits in a genome-wide RNAi screen for genes affecting the distribution of RAB-11 positive AREs, polarity regulators including the PAR-1 kinase and PAR-5 14-3-3 protein were identified (Winter et al., 2012). Loss of PAR-1 caused ectopic localization of RAB-11 to sites near the lateral membranes. Loss of PAR-5 produced a clustering of RAB-11-positive AREs. In addition to the normal apical RAB-11-labeling, par-5(RNAi) induced the formation of ectopic patches of ARE localized near the basolateral plasma membrane. These patches were enriched in F-actin and apical cytoskeletal binding proteins ERM-1, EPS-8, IFB-2, and the apical junction protein AJM-1. Apical/anterior PAR proteins PKC-3, PAR-6 and PAR-3 could be found adjacent to the misplaced patches of ARE. Interestingly, the accumulation of actin and the clustering of AREs at these ectopic sites depended heavily upon the Rho-family proteins RHO-1 and CED-10, and to a lesser extent CDC-42 (Winter et al., 2012). Thus PAR-5 is important in maintaining normal intestinal polarity, with a strong effect on endosome function. The mechanism of PAR-5 action in the intestine remains to be determined.

Like phospholinositides, phosphatidylserine (PS) contributes heavily to the negative charge on cellular membranes (Sebastian et al., 2012). In fact PS is the most abundant anionic phospholipid of cell membranes and is asymmetrically arranged between the two membrane leaflets, with more PS on the cytoplasmic leaflet of cell membranes. Like PIs, PS is very important in recruiting peripheral membrane proteins involved in membrane traffic to cellular membranes. Although the charge of PS head groups is not modified by phosphorylation like PI, its abundance on the cytoplasmic leaflet can be regulated by lipid flippases that move PS between leaflets, regulating its availability for binding to cytoplasmic proteins (Sebastian et al., 2012). PS asymmetry has also been proposed to encourage membrane curvature (van Meer, 2011).

C. elegans PS is enriched on tubular membrane structures and on the cytosolic leaflet of recycling, early and late endosomes as well as lysosomes (Chen et al., 2010). The P4-ATPase TAT-1, along with its chaperone CHAT-1, maintains PS asymmetry both on the plasma membrane and on endosomal membranes (Darland-Ransom et al., 2008; Chen et al., 2010). CHAT-1 and TAT-1 associate with PS-coated tubular membranes of early endosomes, endocytic recycling compartments (ERCs) and recycling endosomes (Chen et al., 2010). Loss of TAT-1 or CHAT-1 disrupts membrane PS asymmetry and collapses the tubular membrane structure of sorting and recycling endosomes in the C. elegans intestine. Endocytic sorting of cargo is also severely affected in chat-1 and tat-1 mutants, causing abnormal cargo recycling and degradation, and trapping the cargo in enlarged early endosomes (Ruaud et al., 2009; Chen et al., 2010; Nilsson et al., 2011). The defects in recycling membrane traffic, and in apparent membrane charge, in tat-1 and chat-1 mutants can be suppressed by loss of DNPP-1, an aspartyl aminopeptidase (Li et al., 2013). Degradative function remains abnormal in tat-1; dnpp-1 double mutants, and dnpp-1 single mutants show mild defects in the degradative pathway. The DNPP-1 substrate(s) that mediate its effects remain to be identified.

### 2.6 Retrograde endosome-to-Golgi transport

At the level of the early endosome, transmembrane proteins internalized by endocytosis can be sorted to a variety of destinations, including the lysosome, recycling endosome, or Golgi (Grant and Donaldson, 2009). Traffic from endosomes to the Golgi is often referred to as retrograde transport or retrograde recycling, and is dependent upon a core protein complex called the retromer (Seaman, 2012). First identified in yeast as essential for the recycling of hydrolase receptor Vps10p from endosomes to the Golgi, the retromer (Vps35p, Vps26p, Vps29p, Vps5p, and Vps17) also functions in a similar pathway in metazoans. The equivalent proteins are required in mammalian cells for endosome to Golgi retrograde recycling of the mannose 6-phosphate receptor, another type of hydrolase receptor that carries newly produced lysosomal enzymes from the Golgi to endosomes and that must then recycle back to the Golgi. The C. elegans retromer consists of the VPS-35, VPS-26 and VPS-29 cargo recognition trimer, and the SNX-1/SNX-6 (Vps5/Vps17) obligate heterodimer (Verges, 2007). Recent work also links sorting nexin SNX-3 to this pathway in worms (Harrierink et al., 2011). Another sorting nexin, Snx27 also binds to retromer and is a key protein in mammalian retromer-mediated recycling of the β2-adrenergic receptor, glucose transporter 1, and probably many other transmembrane proteins (Temkin et al., 2011; Steinberg et al., 2013). While the C. elegans genome encodes a clear homolog of Snx27 (SNX-27), the function of SNX-27 in worms remains to be determined. Retromer-dependent retrograde recycling has recently been linked to multiple metazoan-specific processes, such as the generation of Wnt signaling gradients, glutamate-receptor signaling and Amyloid Precursor Protein (APP)
trafficking in the nervous system, clearance of dead apoptotic cells, and regulation of epithelial polarity (Coudreuse et al., 2006; Prasad and Clark, 2006; Korolchuk et al., 2007; Belenkaya et al., 2008; Franch-Marro et al., 2008; Pan et al., 2008; Port et al., 2008; Yang et al., 2008a; Chen et al., 2010; Lu et al., 2011; Pocha et al., 2011; Zhou et al., 2011a; Zhang et al., 2012a).

While the *C. elegans* genome does not encode an obvious hydrolase receptor related to yeast Vps10p or mammalian mannose 6-phosphate receptors, the retromer complex is required in *C. elegans* for recycling of other transmembrane proteins, including the Wnt chaperone MIG-14/Wntless and the AMPA receptor GLR-1 (Pan et al., 2008; Yang et al., 2008a). At least some components of the retromer complex are required for the clearance of apoptotic cell corpses, but there is some debate as to which components are required and whether they function to recycle the cell corpse receptor CED-1, or whether they act to promote the fusion of phagosomes with lysosomes and early endosomes by encouraging tubular contact points among these organelles (Chen et al., 2010; Lu et al., 2011).

By forming a concentration gradient, Wnt ligands provide positional information to cells in an organism, particularly anterior-posterior polarized cell divisions, cell migrations, and axon pathfinding (see WormBook chapter *Wnt signaling in C. elegans*). Wnt-producing cells secrete Wnt ligands using the MIG-14 transmembrane chaperone, which binds to nascent Wnt ligands such as EGL-20 in the Golgi. MIG-14 then chaperones Wnt ligands to the plasma membrane for release (Pan et al., 2008; Yang et al., 2008a). For subsequent rounds of Wnt secretion, MIG-14 must be endocytosed in a clathrin/AP2-dependent manner, and MIG-14 must be recycled to the Golgi via retrograde transport (Pan et al., 2008; Yang et al., 2008a). Blocking the endocytosis of MIG-14 blocks its function and greatly impairs Wnt secretion, resulting in Wnt phenotypes. MIG-14/Wntless endocytosis and recycling is a conserved process that has been directly demonstrated in *C. elegans*, *Drosophila*, and mammalian cells (Haussmann et al., 2007; Eaton, 2008). In the absence of retromer components VPS-35, VPS-26, or SNX-3, MIG-14 is missorted to lysosomes after endocytosis and is degraded, resulting in low cellular levels of MIG-14 and poor secretion of Wnt ligands such as EGL-20 (Pan et al., 2008; Yang et al., 2008a). This produces severe defects in Wnt signaling, including defective migration of Q-cell descendants and defective polarity of mechanosensory neurites (Coudreuse et al., 2006; Prasad and Clark, 2006; Pan et al., 2008; Yang et al., 2008a). While defects in retrograde recycling of MIG-14 result in Wnt signaling defects, any trafficking defect that inhibits MIG-14 from reaching the Golgi, or trafficking defects of Wnt receptors, can affect Wnt signaling (Pan et al., 2008; Yang et al., 2008a). Hence, only a subset of trafficking mutants that produce Wnt phenotypes affect retrograde endosome-to-Golgi traffic.

While mutations in retromer subunits *vps-35* and *vps-26* produce strong defects in Wnt signaling, and in the retrograde recycling of MIG-14, loss of the other core component of the retromer cargo-selective complex, VPS-29, produces only minor defects in MIG-14 sorting, and Wnt signaling is hardly affected (Coudreuse et al., 2006). However, *vps-29* mutant phenotypes are strongly enhanced when combined with loss of other retrograde recycling regulators that also produce weak phenotypes on their own, such as *snx-1* and *dnc-1* (Coudreuse et al., 2006; Wassmer et al., 2009). In fact, a synthetic or enhanced Wnt-related phenotype when a mutation is combined with *vps-29* is often used as supporting evidence when testing for the involvement of a new protein in retrograde transport (Coudreuse et al., 2006; Wassmer et al., 2009). Given that VPS-29 co-purifies with VPS-26 and VPS-35 in many other organisms, VPS-29 is most likely a constitutive component of the cargo recognition complex, but in *C. elegans* VPS-29 appears to play a supporting role in retrograde recycling, or may be more important for retromer cargo other than MIG-14.

Sorting nexins, defined simply by the presence of the PI(3)P lipid binding PX motif, represent a diverse array of proteins that often contain a variety of additional functional domains (Cullen and Korswagen, 2011). Sorting nexins implicated in retrograde transport include SNX-1, SNX-6 and SNX-3. A subgroup of sorting nexins contain a membrane bending/tubulating domain, the BAR domain, and are often referred to as SNX-BAR proteins (van Weering et al., 2010). *C. elegans* has three members of this type SNX-1, SNX-6, and LST-4, with SNX-1/SNX-6 dimers thought to participate in retromer function. SNX-BAR proteins are thought to be important for creating the characteristic retromer-coated tubules that shunt cargo from the endosome to the Golgi in mammalian cells, although tubular retromer-based carriers have not been observed in *C. elegans* (van Weering et al., 2010).

The SNX-1 BAR domain binds to the C-terminal third of the *C. elegans* DNA J-domain protein RME-8, originally identified in the yolk transport screens (Zhang et al., 2001; Shi et al., 2009). *snx-1* and *rme-8* mutants missort MIG-14 to lysosomes in the intestine, and display defective polarity of mechanosensory neurites, suggesting a defect in Wnt signaling (Shi et al., 2009). Interestingly, the centrally located RME-8 J-domain binds to HSP-1/Hsc70, a protein folding chaperone (Chang et al., 2004; Girard et al., 2005; Shi et al., 2009). SNX-1 and RME-8 colocalize to a subset of early endosomes that are often directly juxtaposed to Golgi ministacks (Shi et al., 2009).
Whether Snx1 is involved in this process is not known. In mammalian cells the ESCRT-0 component HRS (HGRS-1) binds to a specialized flat clathrin lattice on endosomes that is thought to concentrate ESCRT complexes and degradative cargo (Raiborg et al., 2001a; Raiborg et al., 2002; Raiborg et al., 2006). Consistent with this model, mutants or RNAi of snx-1, rme-8, and hsp-1 mislocalize and degrade intestinally expressed MIG-14 via the lysosome, and over-accumulate endosomal clathrin (Shi et al., 2009). These results suggest that endosomes maintain distinct recycling and degradative subdomains via molecular antagonism between recycling and degradative regulatory proteins. The requirement for RME-8 in retrograde recycling, and its binding and colocalization with Snx1 and other retromer components, is conserved in mammals (Popoff et al., 2009; McGough and Cullen, 2013).

SNX-3 homologs are known to play important roles in retrograde trafficking in yeast and mammals. The yeast SNX-3 homolog Grd19 is required for the retrograde trafficking of the iron transporter complex Fet3p-Ftr1p (Strochlic et al., 2008). However, unlike vps5 (the snx-1 homolog) mutants, grd19 mutants display only minor defects in Vps10p trafficking (Voos and Stevens, 1998; Strochlic et al., 2007). Additionally, Grd19p binds directly to the Fet3p-Ftr1p cargo, leading to models stating that Grd19p/Snx3 is a cargo specific adaptor promoting the inclusion of Fet3p-Ftr1p into Vps5p/Vps17p containing retromer tubules (Strochlic et al., 2007). In mammals, Snx3 along with Vps35 affects transferrin receptor (TfR) recycling in erythroid progenitor cells (Chen et al., 2013). Whether Snx1 is involved in this process is not known.

Recently worm SNX-3 was shown to play an important role in the trafficking of MIG-14 (Harterink et al., 2011). As in vps-35 mutants, C. elegans snx-3 mutants missort MIG-14 to the lysosome and are strongly defective in Wnt signaling (Harterink et al., 2011). The same study used mammalian tissue culture cells to perform co-immunoprecipitations with human SNX3 or SNX1, finding that while both sorting nexins co-precipitate the VPS35/29/26 trimer, SNX1 and SNX3 did not pull down each other. Additionally, in Drosophila, loss of SNX1 or SNX6 did not appear to affect Wls (MIG-14) recycling or Wnt signaling (Harterink et al., 2011 and Zhang et al., 2011). An intriguing model was suggested whereby a SNX-3/VPS-trimer complex participates in a MIG-14 recycling step that largely excludes SNX-1/SNX-6. Given the strong phenotype of the snx-3 mutant on both MIG-14 localization as well as Wnt dependent QL.d migration, a key requirement for SNX-3 in MIG-14 retrograde recycling is clear. More work will be required to determine if it acts independently of SNX-1. It will also be of great interest to determine the mechanism by which SNX-3 promotes MIG-14 recycling and to determine the full spectrum of SNX-3-dependent cargo proteins.

Genetic evidence from screens for suppressors of ipla-1 and daf-6 suggests that SNX-1 and SNX-3 regulate the same processes (Kanamori et al., 2008; Oikonomou et al., 2012). For instance, in ipla-1 mutant worms, cortical β-catenin is delocalized in seam cells and seam-cell asymmetry is perturbed, leading to supernumerary seam cell production. RNAi knockdown of any of the retromer components vps-26, vps-29, vps-35, snx-1 or snx-3, restores normal seam cell divisions and β-catenin asymmetry (Kanamori et al., 2008).

Another suppressor screen that touches on retromer function involves sheath glial cells. These cells undergo a complex morphogenetic event, involving the formation of a specialized extracellular matrix. The sheath cells form a compartment that surrounds sensory cilia that project from the dendrites of specific amphid sensory neurons. The size of the amphid compartment is negatively regulated by DAF-6 (Oikonomou et al., 2011). daf-6 mutants display a bloated sensory compartment containing excess matrix material. Genetic screens for suppression of the overly large amphid compartment of daf-6 mutants identified snx-1, snx-3 and vps-29 (Oikonomou et al., 2012). Surprisingly snx-6, vps-35 and vps-26 mutants did not suppress daf-6 (Oikonomou et al., 2012). It will be of great interest to determine how retromer components play a role in amphid sensory compartment morphogenesis and to determine if SNX-1, SNX-3, and VPS-29 act together in a distinct pathway independent of retrograde recycling.

Until quite recently, almost nothing was known about the role of the retromer complex in neurons. The AMPA-type glutamate receptor (AMPAR) GLR-1, a channel protein required for excitatory postsynaptic response in C. elegans interneurons, was recently found to require retrograde recycling (Zhang et al., 2012a). In C. elegans, any reduction in AMPAR synaptic abundance, due to mutations in the gene itself or defects in GLR-1 protein trafficking, leads to reduced nose-touch mechanosensitivity and a depressed frequency of spontaneous reversals (Burbea et al., 2002; Shim et al., 2004; Glodowski et al., 2005). In the absence of retromer components VPS-35, SNX-1, RME-8, or the small GTPase RAB-6.2, nose-touch response is decreased (Zhang et al., 2012a). In animals lacking these retrograde trafficking regulators, GLR-1 levels are strongly reduced and the remaining GLR-1 protein is mislocalized (Zhang et al., 2012a). GLR-1 levels but not GLR-1 function can be restored by simultaneously
The unfolded protein response (UPR) is activated, suggesting accumulation of ERAD substrates in the ER (Schaheen et al., 2009). While RAB-6.2 co-localizes extensively with AMAN-2, a resident Golgi protein, it localizes adjacent to RME-8 and SNX-1 labeled endosomes in the GLR-1 expressing interneurons. LIN-10 colocalizes extensively with RME-8, and is juxtaposed to both RAB-6.2 and Golgi markers. LIN-10 has been proposed to function in both the recycling and degradation of GLR-1 (Zhang et al., 2012a).

The lipid PI(3)P plays a role in all trafficking pathways that pass through the early endosome, and PI(3)P is clearly important for retrograde recycling (Lindmo and Stenmark, 2006). Many important endosome regulators are reported to bind to PI(3)P including sorting nexins, HRS, and RME-8 (Raiborg et al., 2001b; Yu and Lemmon, 2001; Xhabija et al., 2011). Increases in the levels of PI(3)P via mutations in PI(3)P phosphatases \( \text{mtm-6} \) or \( \text{mtm-9} \) both lead to decreased Wnt signaling and decreases in MIG-14 levels (Silhankova et al., 2010). RNAi against the components of the VPS-34 lipid PI-3 kinase complex (BEC-1, VPS-15 and VPS-34) can suppress the Wnt signaling defects of \( \text{mtm-6} \), but also have phenotypes of their own. Mutations in \( \text{bec-1} \), which decreases the levels of PI(3)P, lead to an intracellular accumulation of MIG-14 as well as mislocalization of MIG-14 recycling determinants RME-8 and SNX-1 (Ruck et al., 2011). Hence, the right balance of PI(3)P is crucial.

Recent work also suggests that retrograde transport can be used to degrade misfolded membrane proteins. CUP-2 is one of two worm Derlin homologs (Schaheen et al., 2009). Derlin proteins localize mainly to the ER membrane and function in ER-associated degradation (ERAD) in mammalian and yeast systems. In \( \text{cup-2} \) mutants, the unfolded protein response (UPR) is activated, suggesting accumulation of ERAD substrates in the ER (Schaheen et al., 2009). In addition to this ER-associated phenotype, \( \text{cup-2} \) mutants abnormally accumulate CUP-7/MCA-3 on the plasma membrane. Similar accumulation of transmembrane proteins on the plasma membrane was observed when Derlin-1 was knocked down in RAW264.7 macrophage cells. Furthermore, when misfolding of surface transmembrane proteins was artificially induced in the RAW264.7 cells, misfolded surface membrane proteins were degraded in a Derlin-1- and proteasome-dependent manner (Schaheen et al., 2009). CUP-2 and Derlin-1 seem to localize to endosomes in addition to the ER. These observations imply that CUP-2 and Derlin-1 are involved in the quality control of transmembrane proteins at the plasma membrane, or in endocytic compartments (Schaheen et al., 2009). It was further reported that CUP-2 physically interacts with SNX-1, a subunit of the retromer complex, potentially explaining how CUP-2 is retrieved from endosomes to the Golgi (Dang et al., 2011). It was proposed that CUP-2/Derlin would further transport misfolded cargo to the ER and retranslocate it to the cytoplasm for proteasome-dependent degradation (Schaheen et al., 2009; Dang et al., 2011).

### 2.7. The early to late endosome transition

Transport of cargo from the early endosome to late endosome (EE to LE) is not mediated by small vesicle transport. Rather, as some material leaves the early endosome for recycling, the remainder of the early endosome matures into a late endosome (Rink et al., 2005). An important part of this maturation process involves a switch in the dominant Rab GTPase on the endosome. During early to late endosome maturation, the master early endosome regulator RAB-5 is replaced by the master late endosome regulator RAB-7 (Rink et al., 2005). It is during this transition that ubiquitylated transmembrane cargo is segregated into endosomal microdomains containing the ESCRT (endosomal sorting complex required for transport) proteins that act to create vesicles that bud away from the cytoplasm, producing intralumenal vesicles (ILVs) (Hurley, 2010). The ubiquitylated cargo is sorted into these ILVs, creating the multivesicular endosome (also called the multivesicular body or MVB). The late endosome eventually fuses with pre-existing lysosomes, and the internal vesicles are consumed (Katzmann et al., 2002). In some cases multivesicular endosomes can fuse with the plasma membrane, and the small ILVs are released to the outside environment. Vesicles released in this manner are called exosomes (Bobrie et al., 2011). Work on \( C. \text{ elegans} \) RAB-2/UNC-108 indicates that it localizes to early and late endosomes, and that loss of RAB-2 delays the exit of cargo from early endosomes, delaying cargo degradation in the lysosome of embryos and coelomocytes (Chun et al., 2008; Guo et al., 2010). The mechanism by which RAB-2 affects degradative trafficking awaits further study.

While the Rab5 to Rab7 transition was originally identified in mammalian cells, work in \( C. \text{ elegans} \) was important in identifying key mechanisms that drive this process (Figure 7) (Kinchen and Ravichandran, 2010; Poteryaev et al., 2010). Key transitions of cargo along membrane trafficking pathways are often accomplished as part of a Rab GTPase cascade (Hutagalung and Novick, 2011). In its simplest form, Rab cascades involve an early acting Rab that promotes recruitment and activation of a later acting Rab. In the well-studied examples in yeast, the early acting Rab recruits an exchange factor for the later acting Rab (Rivera-Molina and Novick, 2009; Hutagalung and Novick, 2011). The later acting Rab then promotes the removal of the earlier acting Rab, typically by recruiting a GAP for the early acting Rab. Thus over time the early acting Rab is replaced by the later acting Rab, and the direction of transport becomes irreversible.
Figure 7. SAND-1 promotes RAB-5 to RAB-7 conversion during endosome maturation. RAB-5 is activated by Rabex-5 (RABX-5) on endosomes; activated RAB-5 recruits its effectors including PI 3-kinase Vps34. SAND-1/CCZ-1 is then recruited by binding GTP-bound RAB-5 and PI(3)P on the early endosomes. SAND-1 displaces of Rabex-5 from the membrane and enhances dissociation of RAB-5 from the early endosomes. SAND-1/CCZ-1 also binds to HOPS subunits and is likely to activate RAB-7 directly, thereby promoting assembly of RAB-7 and its effector HOPS on endosomes.

_C. elegans_ SAND-1/Mon1 plays a critical role in the early to late endosome transition. _sand-1_ mutants are defective in degrading endocytic cargo such as yolk in embryos or GFP endocytosed by coelomocytes (Poteryaev et al., 2007). Endosomes in _sand-1_ mutant coelomocytes are enlarged and label with early and late endosome markers (Poteryaev et al., 2007). Further analysis showed that SAND-1 plays a dual role in the endosome maturation process (Poteryaev et al., 2010). SAND-1 acts to remove RABX-5 from the endosome, presumably blocking new recruitment/activation of RAB-5 on the endosome. Meanwhile SAND-1 acts to recruit the later acting GTPase RAB-7, a protein that directly promotes acquisition of late endosomal properties (Poteryaev et al., 2010). Recent data on the yeast SAND-1 homolog Mon1 suggests that it is a Ypt7p (RAB-7) exchange factor, directly activating the late endosomal Rab (Nordmann et al., 2010). In addition, SAND-1 appears to bind directly to the early endosomal lipid PI(3)P, so recruitment of SAND-1 is likely encouraged by the activity an early acting RAB-5 effector, VPS-34, a lipid kinase that produces PI(3)P (Poteryaev et al., 2010).

A similar process involving SAND-1 and its binding partner CCZ-1 occurs during phagosome maturation, after engulfment of apoptotic cell corpses (Kinchen and Ravichandran, 2010). In _sand-1_ or _ccz-1_ mutants engulfed apoptotic cells fail to be degraded. Apoptotic cell-containing phagosomes in _sand-1_ mutants appear to recruit RAB-5 normally, but fail to lose RAB-5 and gain RAB-7 as would normally occur. Work with mammalian SAND-1 homolog Mon1 showed that it binds to GTP-bound Rab5, and showed that a Mon1–Ccz1 complex binds to Rab7 and promotes Rab7 activation. Thus phagosome maturation shares regulators and mechanisms with early to late endosome maturation.

In addition to its connection to recycling processes, the Rab-GAP protein TBC-2, has also been implicated in the early to late endosome maturation process (Li et al., 2009; Chotard et al., 2010a; Chotard et al., 2010b; Sasidharan et al., 2012; Sun et al., 2012). _In vitro_ TBC-2 has the highest GAP activity toward RAB-5 but can also affect RAB-7 (Chotard et al., 2010a). _tbc-2_ mutants produce enlarged LMP-1-positive late endosomes that resemble those formed upon expression of constitutively active (GTPase defective) RAB-5(Q78L) (Chotard et al., 2010a). The _tbc-2_ phenotype is thought to occur because overly abundant GTP-bound RAB-5 hyperactivates RAB-7 through the RAB-5 to RAB-7 cascade involving SAND-1. Consistent with this idea, the formation of the enlarged LMP-1-labeled late endosomes is suppressed by RNai of RAB-7 or components of the RAB-7 effector complex HOPS (Chotard et al., 2010a). Interestingly, _tbc-2_ mutants are also defective in phagosome maturation, failing to lose RAB-5 and gain RAB-7 (Li et al., 2009). This work was the first to indicate that TBC-2 is a RAB-5 GAP, and highlights similarities and differences between endosomes and phagosomes, since loss of TBC-2 appears to have opposing effects on RAB-7 in the two pathways.

### 2.8. ESCRT complexes and MVB cargo sorting

The formation of ILVs, and the sorting of membrane proteins into them on late endosomes, is regulated by the ESCRT machinery, consisting of four hetero-oligomeric protein complexes (ESCRT-0, -I, -II, -III) (Williams and Urbe, 2007; Hurley, 2010). In the case of yeast, ESCRT-0 first binds both to ubiquitylated membrane proteins and the cytoplasmic leaflet of endosomal membranes. The other ESCRT complexes are then recruited sequentially onto the endosomal membrane, where they act to produce membrane buds protruding from the limiting endosomal membrane toward the inside of the endosome, and sort ubiquitylated membrane proteins into the buds that will become ILVs. Finally, the complex of Vps4p, the AAA ATPase, with Vta1p dissociates ESCRT III from the endosomal membrane. The _C. elegans_ genome contains ESCRT-0 (HGRS-1/VPS-27, STAM-1/PQN-19), ESCRT-I
K63-linked ubiquitylation is required for efficient MVB sorting (Sato et al., 2014). Ubc13 and the non-catalytic E2 variant Uev1A/Mms2 are known to form a complex and function as the E2 enzyme specifically mediating K63-linked ubiquitylation in yeast and mammals (Eddins et al., 2006). In worm, *ubs-13* or *uev-1* mutant embryos, lysosomal degradation of CAV-1 and other membrane proteins is severely impaired. In these mutant embryos, cargo proteins are internalized and accumulate in endosomes as in wild-type embryos, but are abnormally recycled to the PM, suggesting that K63-linked ubiquitylation is required for efficient MVB sorting (Sato et al., 2014).

**VPS-23/TSG-101, VPS-37, MVB-12, VPS-28,** ESCRT-II (VPS-36, VPS-22, VPS-25), ESCRT-III (VPS-20, VPS-32, VPS-24, VPS-2), and VPS-4 (Michelet et al., 2010). Among these components, knockdown of *hgrs-1/vps-27, vps-23, vps-36, vps-32* and *vps-4* results in lethality at variable developmental stages (Roudier et al., 2005; Michelet et al., 2009), indicating that the ESCRT machinery is essential for development. ESCRT-0 recognizes ubiquitylated cargos and induces cargo clustering on the membrane (Wollert and Hurley, 2010). C. elegans ESCRT-0 consists of HGRS-1 and STAM-1, both of which mainly localize to endosomes (Mayers et al., 2011). HGRS-1 contains a double ubiquitin interacting motif (DUIM) while STAM-1 contains a Vps27/Hrs/STAM (VHS) domain and an ubiquitin binding domain (UBD). Although both proteins bind to ubiquitin simultaneously, the DUIM of HGRS-1 shows a 2-fold higher affinity for ubiquitin than the UBDs of STAM-1, suggesting that HGRS-1 is the major ubiquitin-binding protein in ESCRT-0. Deletion of *hgrs-1* is lethal but *stam-1* knockout animals are viable, albeit with poor fertility and a high level of embryonic lethality, suggesting that STAM-1 functions as an accessory protein. When recombinant HGRS-1 and STAM-1 were incubated with unilamellar liposomes in vitro, they formed both heterodimers and heterotetramers in binding to the membrane (Mayers et al., 2011). In addition, ESCRT-0 also exists as a 2:2 heterotetramer of HGRS-1 and STAM-1 in vivo. These suggest that ESCRT-0 forms a heterotetramer when bound to membranes and facilitates clustering of ubiquitylated cargos within microdomains of the endosomal membrane by binding to its cargos through multiple UBDs simultaneously.

HGRS-1/VPS-27 has been studied in vivo in more detail (Roudier et al., 2005). HGRS-1/VPS-27 localizes mainly to endosomes, and its depletion results in accumulation of enlarged endosomal structures in various tissues including the hypodermis and intestine. Depletion of HGRS-1/VPS-27 also results in an increase in markers of autophagy. In addition, hgrs-1/vps-27 mutant larval arrest is often associated with a defect in molting.

ESCRT-I, -II, and -III are thought to be required not only for sorting and concentration of cargos into ILVs, but also for the formation of the ILVs. C. elegans ESCRT-II binds to VPS-20 of ESCRT-III, and this complex binds specifically to highly curved membranes on synthetic liposomes in vitro, suggesting that it senses the curvature of the lipid bilayer (Fyfe et al., 2011). C. elegans VPS-32 of ESCRT-III also binds to liposomes and distributes as individual particles throughout the lipid bilayer. When VPS-32 is incubated with ESCRT-II and VPS-20, it forms filamentous structures, which specifically bind to the edges of highly curved membranes. In the absence of protein, some gaps occurred on the flat supported lipid bilayer and filled with membrane over time. In the presence of ESCRT proteins, such gaps on the supported lipid bilayer are closed more rapidly and uniformly, suggesting that ESCRT-III promotes remodeling of the lipid bilayer (Fyfe et al., 2011). Recent studies have shown that ESCRT-I and ESCRT-II, in combination, deform the membrane into buds. ESCRT-III cleaves the buds to generate ILVs when incubated with giant unilamellar vesicles in vitro (Wollert et al., 2009; Wollert and Hurley, 2010). Assembly of ESCRT-II with VPS-20 specifically on the highly curved membrane of endosomes may be required for nucleating ESCRT-III filaments on endosomes by binding to its cargos through multiple UBDs simultaneously.

In the early embryo CAV-1 and RME-2 on the cell surface are normally internalized and degraded shortly after fertilization (Sato et al., 2006; Balklava et al., 2007). The loss of the ESCRT-I or ESCRT-III-associated protein ALX-1 leads to a significant delay in the degradation of internalized cell surface proteins such as CAV-1 and RME-2 in embryos and the degradation of LIN-12 in the larval vulval precursor cell P6.p (Shaye and Greenwald, 2005; Audhya et al., 2007b; Shi et al., 2007). Depletion of ESCRT-I components results in the loss of VPS-32 from the endosomal membrane, suggesting that ESCRT-I is required for the recruitment of ESCRT-III to the endosomal membrane (Michelet et al., 2009). In the absence of VPS-4, the ESCRT-I and ESCRT-III components over-accumulate on endosomal membranes, suggesting that the requirement for VPS-4 in ESCRT disassembly and dissociation from endosomal membrane is conserved in *C. elegans* and mammals (Sato et al., 2014). ORPs transfer cholesterol between organellar membranes, suggesting that the endosomal cholesterol is required for normal MVB formation/function (Kobuna et al., 2010).

Recently, it has been shown that K63-linked ubiquitylation is important for the sorting of transmembrane proteins into ILVs in *C. elegans* (Sato et al., 2014). Ubc13 and the non-catalytic E2 variant Uev1A/Mms2 are known to form a complex and function as the E2 enzyme specifically mediating K63-linked ubiquitylation in yeast and mammals (Eddins et al., 2006). In worm, *ubs-13* or *uev-1* mutant embryos, lysosomal degradation of CAV-1 and other membrane proteins is severely impaired. In these mutant embryos, cargo proteins are internalized and accumulate in endosomes as in wild-type embryos, but are abnormally recycled to the PM, suggesting that K63-linked ubiquitylation is required for efficient MVB sorting (Sato et al., 2014).
2.9. Lysosomes

The ultimate destination for cargo that enters the degradative pathway is the lysosome, an organelle packed with digestive enzymes and transporters, capable of breaking down most macromolecules into constituent parts small enough to be transported through the lysosomal membrane into the cytoplasm, providing small molecules that support new macromolecular synthesis and provide energy (Luzzio et al., 2007). How cargo reaches the lysosome, and the dynamics of lysosomal membranes, remain important topics of study. Lysosomes are often called terminal compartments, but many studies indicate that lysosomes are dynamic interconnected organelles, and can fuse with the plasma membrane under certain conditions (Blott and Griffiths, 2002).

One prevalent model for late endosome to lysosome transport is that late endosomes fuse with pre-existing lysosomes to form hybrid organelles, followed by reformation of lysosomes (Luzzio et al., 2007). ARL-8 is a small GTPase of Arf family, which mainly localizes to lysosomes in C. elegans (Nakae et al., 2010). In arl-8 mutants, RAB-7-positive late endosomes, including endocytosed macromolecules, fail to fuse with lysosomes containing the aspartic protease ASP-1 (Nakae et al., 2010). In addition, arl-8 mutants suppress the formation of the enlarged late endosome-lysosome hybrid organelles of cup-5 mutants, indicating that ARL-8 functions upstream of CUP-5 (see CUP-5 description below). ARL-8 is also involved in apoptotic cell removal, mediating fusion of phagosomes with lysosomes after phagocytosis (Sasaki et al., 2013). The number of cell corpses significantly increases in the hermaphrodite gonad of the arl-8 mutant and cell corpses engulfed by the sheath cells accumulate in RAB-7-positive phagosomes. ARL-8 is mainly localized to lysosomes but is also recruited to phagosomes at the late stages of phagosome maturation. This transient recruitment to phagosomes is regulated by RAB-7 and the HOPS complex, both of which mediate phagosome-lysosome fusion (Kimchen et al., 2008; Akbar et al., 2011). VPS-41, a component of the HOPS complex preferentially binds to the GTP-form of ARL-8, suggesting that it functions as one of the effectors of ARL-8 in the phagocytic pathway.

One of the first proteins described affecting coelomocyte endocytic function was CUP-5, a homologue of human mucolipin-1, mutations in which leads to mucolipidosis type IV, a lysosomal storage disease in humans (Fares and Greenwald, 2001b). CUP-5/mucolipin family proteins are thought to act as Ca\(^{2+}\) channels, allowing regulated efflux of Ca\(^{2+}\) from lysosomes. Lysosomal function is strongly impaired in cup-5 mutants, with very poor cargo degradation in many cell types. cup-5 mutants display severe defects in lysosome biogenesis that result in the formation of grossly enlarged vacuoles bearing mixed markers for late endosomes and lysosomes (Treusch et al., 2004). In wild-type animals CUP-5 labels the lysosome limiting membrane (Fares and Greenwald, 2001b).

Current models indicate that CUP-5 mediates hybrid organelle Ca\(^{2+}\) release that is required for the reformation of lysosomes after endosome-lysosome fusion (Treusch et al., 2004). Although initially identified due to its coelomocyte phenotype, CUP-5 protein is broadly expressed and affects lysosome function in many or all cells (Hersh et al., 2002; Schaheen et al., 2006a; Campbell and Fares, 2010; Davis et al., 2010; Sun et al., 2011). The original allele identified in the cup mutant screen is hypomorphic (Fares and Greenwald, 2001b; Hersh et al., 2002). cup-5 null mutants were identified in screens for ced mutants that accumulate apoptotic cell corpses (Hersh et al., 2002). Such null alleles are maternal-effect lethal.

The embryonic lethality of cup-5 mutants has been traced to two separable defects: starvation of embryonic cells that can be rescued by supplementation with the lipid soluble metabolite methylpyruvate, and developmental defects that can be rescued by inactivation of the ABC transporter MRP-4 (Schaheen et al., 2006a; Schaheen et al., 2006b). MRP-4 is an ABC transporter localized to specialized lysosome-related organelles (LROs) of the intestine that is likely to transport lipophilic compounds into these compartments (Schaheen et al., 2006b; Currie et al., 2007; Campbell and Fares, 2010). In cup-5 mutant embryos, MRP-4 grossly over-accumulates in the arrested endosome-lysosome hybrid organelles (Schaheen et al., 2006b). mrp-4 mutants suppress the defects in lysosomal degradation apparent in the cup-5 mutant embryonic intestine and restore most cup-5 null mutant embryos to viability, although many rescued animals are sterile (Schaheen et al., 2006a; Schaheen et al., 2006b). MRP-4 is only expressed in the intestinal cells, and lysosomal function in other tissues of cup-5; mrp-4 double mutants is not restored. These results indicate that overdose or missorting of MRP-4 in the embryonic intestine of cup-5 mutants is the major cause of lysosomal dysfunction in the cup-5 mutant intestine, and is a leading cause of embryonic lethality. It remains to be determined if lysosome function in other tissues of cup-5 mutants depends upon similar over-accumulation of other ABC transporters.

Another mutant affecting lysosomes is ppk-3. ppk-3 hypomorphic mutants are vacuolated with grossly enlarged lysosomes (Nicot et al., 2006). Unlike cup-5 mutants, however, ppk-3 mutants appear to have normal degradative function. In addition, double mutant analysis indicates that PPK-3 functions downstream of CUP-5. PPK-3/FAB-1 is a PI-kinase that converts PI(3)P to PI(3,5)P2. One function ascribed to PPK-3 homologs in other species is in the retrieval of membrane from lysosomes. Thus it was proposed that PPK-3 acts in a late lysosome
maturation process, after digestion of lysosomal contents, in which vesicular budding removes excess membrane from such lysosomes. The very large lysosomes of *ppk-3* mutants appear unacidified based upon labeling with lysotracker, but smaller lysosomes that are acidified remain. Since lysosomal hydrolases require an acid environment for function, and lysosomal degradative function appears normal in *ppk-3* mutants, it was proposed that the small acidic lysosomes mature into and/or fuse with the large more neutral pH lysosomes (Nicot et al., 2006).

As mentioned above, one important function of lysosomes is to salvage raw materials, such as amino acids, for re-use. Lysosomes are an important source of free amino acids, which require transporters to reach the cytoplasm from the lysosome lumen (Winchester, 2001). Defects in amino acid transporters can lead to lysosomal storage diseases (Platt et al., 2012). One long-sought amino acid transporter was discovered in a *C. elegans* genetic screen designed to identify mutants defective in the degradation of apoptotic corpses. *laat-1* mutants were found to have enlarged lysosomes and a general defect in lysosome-mediated degradation, that includes apoptotic corpses, but that also affects many lysosomal substrates, including those that enter lysosomes by endocytosis or autophagy (Liu et al., 2012). LAAT-1 is a lysosome-localized protein with homology to lysosomal cystine transporters. Importantly, *laat-1* mutants accumulate lysine and arginine in their lysosomes, and forced plasma membrane expression of LAAT-1 or its mammalian homolog PQLC2 results in a specific increase in arginine and lysine import in cultured cells (Liu et al., 2012).

*laat-1* mutants displayed very slow embryonic growth, and this growth defect could be rescued by supplementing the animals with high levels of free lysine and arginine (Liu et al., 2012). These results suggest that normal embryonic growth requires lysosome derived lysine and arginine. The LYS/ARG treatment did not rescue the lysosome size or degradative capacity of *laat-1* mutant lysosomes. It may be that high-level accumulation of lysine and arginine disrupts lysosome function. *laat-1* mutants are synthetic lethal with *gen-2* mutants, consistent with the idea that *laat-1* mutants can only survive if the the amino acid response (AAR) pathway, a repressor of global protein synthesis, is active. FRAP experiments with cytoplasmically expressed mCherry supported the idea that protein synthesis is slowed in *laat-1* mutants and is restored upon supplementation with lysine and arginine.

Cystinosis, the accumulation of cystine in the lysosome, is a lysosomal storage disease caused by mutations in *ctns-1*, which encodes a cystine transporter (Gahl et al., 2002). One treatment for cystinosis is the application of cysteamine, which reacts with accumulated lysosomal cystine, converting cystine to the mixed disulfide of cysteine-cysteamine, which resembles lysine. This conversion is thought to allow export to the cytoplasm of the cysteine-cysteamine mixed disulfide, presumably via a lysine-arginine transporter (Gahl et al., 1985). To test aspects of this model in *C. elegans*, *ctns-1* mutants (lacking the cystine transporter) were used as a *C. elegans* model for cystinosis (Liu et al., 2012). *ctns-1* mutants accumulated lysosomal cystine and displayed enlarged lysosomes in coelomocytes. The lysosomal enlargement was rescued by treatment with cysteamine, similar to results in cells from cystinosis patients, but *laat-1* mutants blocked this rescue of *ctns-1* mutants by cysteamine-treatment (Liu et al., 2012). These results suggest that LAAT-1 is the key lysine transporter that allows this treatment to work.

### 2.10. Lysosome-related organelles (LROs)

In addition to conventional lysosomes, *C. elegans* intestinal cells contain abundant autofluorescent and birefringent lysosome-related organelles (LROs) called gut granules (Clokey and Jacobson, 1986; Hermann et al., 2005). *C. elegans* gut granules were recently discovered to perform an essential role in zinc storage (Roh et al., 2012). Since gut granules are stained with lysosome-specific fluorescent dyes such as acridine orange and lysotracker, these are thought to be acidified LROs like melanosomes and platelet dense granules in mammals (Clokey and Jacobson, 1986; Hermann et al., 2005). Biogenesis of gut granules requires clathrin-adaptor AP3-components (*apt-6, apt-7, vps-16, vps-41*) but not AP1 or AP2 components, suggesting that AP3-mediated lysosomal trafficking is involved in gut granule formation (Hermann et al., 2005).

To study biogenesis of this organelle, several mutants that show a reduction or loss of gut granules were isolated and referred to as the *glo* (gut granule loss) mutants (Hermann et al., 2005). In the *glo-1* and *glo-2* mutant, gut granules are lost at the bean-stage of embryogenesis, apparently by fusion with the apical intestinal membrane, dumping the autofluorescent and birefringent material into the lumen. The *glo-3* phenotype is similar, but some gut granules are retained. Notably, the activity and distribution of the conventional endocytic pathway appears largely unaffected in these mutants (Hermann et al., 2005; Rabbits et al., 2008). *glo-1* encodes a Rab GTPase homologous to mammalian Rab38, a protein involved in the biogenesis of the mammalian LROs such as melanosomes and platelet dense granules (Loftus et al., 2002; Oiso et al., 2004). Likewise the *Drosophila glo-1* homolog Rab-RP1/Lightnoid is required for another type of LRO, the pigment granules found in retinal pigment cells (Fujikawa et al., 2002; Ma et al., 2004). *C. elegans* GLO-1 is highly expressed in the intestine and localizes to the gut granules (Hermann et al., 2005). *C. elegans* GLO-4 is a homolog of *Drosophila* Claret, which is a putative
nucleotide exchange factor of *Drosophila* Rab-RP1 (Hermann et al., 2005). *glo-1* and *glo-4* are epistatic to mutations in AP3 components. *glo-1* and *glo-4* are also expressed in neurons and required for RPM-1-mediated axon termination and synaptogenesis possibly by regulating the formation or accumulation of late endosomes in neurons (Grill et al., 2007).

ABC transporter PGP-2 was identified as GLO-5, and mainly localizes to gut granules in intestinal cells (Schroeder et al., 2007). *pgp-2* mutants display reduced numbers of gut granules in intestinal cells, and mislocalize autofluorescent and birefringent gut granule contents to the gut lumen. In *pgp-2* mutants, like *glo-1* and *apm-3/apt-7* mutants, the acidification of gut granules appears impaired. Since most ABC transporters act to transport substrates unidirectionally across membranes, PGP-2 may regulate gut granule biogenesis by modulating membrane composition, possibly via lipid transfer across organellar membranes. *glo-3* encodes a novel worm-specific membrane protein, which is expressed in the intestine and localizes to gut granules (Rabbitts et al., 2008). By epistasis analysis with the other *glo* mutants, *GLO-3* appears to function in parallel or downstream of AP3 and PGP-2 in gut granule biogenesis, although its precise role is unknown.

*glo-2* encodes a palladin/HSP-9 homologue, which is a subunit of the BLOC-1 complex (Hermann et al., 2012). GLO-2::GFP driven by the own promoter was expressed in the intestinal cells and localized in the cytoplasm. In mammals AP3, BLOC-1, BLOC-2 and BLOC-3 are all protein complexes involved in the biogenesis of LROs such as melanosomes and platelet dense granules. Mutations in the components of these complexes are associated with Hermansky-Pudlak syndrome (Huizing et al., 2008; Cullinane et al., 2011; Sitaram et al., 2012). The *C. elegans* genome encodes 7 BLOC-1 subunits including GLO-2, BLOS-1, BLOS-2, BLOS-4, DSBN-1, MUTD-1, and SNPN-1, but seems to lack a BLOS-3 homolog (Hermann et al., 2012). In yeast two-hybrid assay GLO-2 interacts with itself, BLOS-1, and BLOS-4, while SNPN-1 interacts with DSBN-1, suggesting that BLOC-1 components form complexes in *C. elegans* as they do in other species (Hermann et al., 2012). When each BLOC-1 subunit was knocked down in the background of a partial loss of function *glo-2(tm592)* allele, the Glo phenotype of *glo-2(tm592)* was enhanced. In addition, *snpn-1* null mutants showed a complete loss of gut granules, again suggesting that the BLOC-1 complex functions in the gut granule biogenesis. In wild-type animals, PGP-2 and CDF-2, which is a zinc transporter homologous to ZnT2/ZnT3, localizes to gut granules, while LMP-1 localizes to both gut granules and conventional lysosomes (Schroeder et al., 2007; Davis et al., 2009; Hermann et al., 2012; Roh et al., 2012). In *glo-2(zu455)* and *snpn-1(tm1892)* null mutants, PGP-2-positive gut granules disappeared, and LMP-1 and CDF-2::GFP were mislocalized to the plasma membrane and conventional lysosomes, suggesting that BLOC-1 function is important for proper sorting of these proteins to gut granules (Hermann et al., 2012). In AP3 deficient mutants, PGP-2-positive gut granules still remained, albeit in greatly reduced numbers. In these mutants, LMP-1 disappeared from PGP-2-positive gut granules, suggesting that AP3 is essential for LMP-1 targeting to gut granules. Although AP3 is required for ZnT3 trafficking in mammals, AP3 is not essential for targeting of CDF-2::GFP to gut granules in *C. elegans*. These disparities in phenotype suggest that, although BLOC-1 interacts physically and functionally with AP3 in mammalian cells, its function is probably not limited to interaction with AP3 (Di Pietro et al., 2006).

### 3. The exocytic pathway (secretion)

After initial synthesis in the ER, lumenal proteins and the lumenal domains of transmembrane proteins are subject to chaperone-mediated protein folding and protein complex formation, and initial glycosylation. Proper folding and protein complex formation is monitored by the ER quality control system, which will not allow misfolded or improperly assembled complexes out of the ER, and will eventually degrade them if folding/assembly fails for an extended period. The *C. elegans* ER can be visualized by a variety of GFP-tagged marker proteins or by immunostaining using antibodies to endogenous ER-resident proteins such as RET-1 (Basham and Rose, 2001; Rolls et al., 2002; Poteryaev et al., 2005; Audhya et al., 2007a). The most widely used marker for ER in living *C. elegans* is GFP-tagged signal peptidase SPI2 (C34B2.10) (Rolls et al., 2002; Poteryaev et al., 2005).

Correctly folded proteins are exported from ER exit sites to the Golgi apparatus via COPII coated vesicles. ER exit sites can be identified in *C. elegans* cells using antibodies against SEC-16 or TFG-1 (Witte et al., 2011). Sec16 is known to function as a scaffold protein for COPII at ER exit sites in yeast and mammals, and is essential for ER-Golgi transport (Miller and Barlowe, 2010). Recent work in *C. elegans* was the first to identify TFG-1 as a SEC-16 binding protein that regulates the assembly of SEC-16 with COPII at ER exit sites (Witte et al., 2011). This work also showed that TFG-1 is required for ER-exit of several transmembrane proteins in the *C. elegans* germline, and that TFG-1 is required for secretion in human cells. SEC-16 and TFG-1 colocalize at ER-exit sites and are juxtaposed to Golgi ministacks. Thus it appears that ER-exit-site/Golgi-ministack pairs form functional secretory units in *C. elegans*. A similar organization is observed in other invertebrates such as *Drosophila* (Lerner et al., 2013).
C. elegans as a model for membrane traffic

COPII coated vesicle formation is regulated by the small GTPase Sar1, and the COPII coat itself consists of Sec13-Sec31 and Sec23-Sec24 subcomplexes (Dancourt and Barlowe, 2010). A C. elegans sec-23 mutant was identified in a screen for genes affecting secretion of embryonic cuticle collagen DPY-7 by hypodermal cells (Roberts et al., 2003). This work showed that sec-23 is continually required for viability and fertility, and is required for cell surface accumulation of the GLP-1 and RME-2 receptors in the germline. Depletion of COPII subunits by RNAi also blocks the transport of CAV-1::GFP in oocytes as well as YP170::GFP secretion in the intestine (see below), further indicating a wide requirement for COPII in C. elegans ER-Golgi transport, as expected from analysis in yeast and mammals (Sato et al., 2006; Balklava et al., 2007).

In the Golgi apparatus, cargo proteins are subject to further glycosylation, modification, and processing. Golgi-to-ER retrograde transport and intra-Golgi retrograde transport are thought to be mediated by COPI-coated vesicles in yeast and mammalian cells. Formation of the COPI-coated vesicles is regulated by small GTPase ARF1 and the coatamer complex (α,β,β′,γ,δ,ε,ζ), all of which are conserved in C. elegans. RNAi-mediated knockdown of COPI genes causes intracellular accumulation of normally secreted proteins, but these precise functions of COPI in C. elegans have not been studied in detail (Grant and Hirsh, 1999; Balklava et al., 2007).

Early/Medial Golgi cisternae can be visualized by GFP-tagged AMAN-2 (also called MANS/mannosidase) and RER-1 (a homolog of the yeast retrieval receptor for ER membrane proteins) (Sato et al., 2011). GFP-tagged SYN-16 (a syntaxin 16 homolog) and RAB-6.2 mark late-Golgi compartments (Simonson et al., 1998; Jantsch-Plunger and Glotzer, 1999; Chen et al., 2006; Gengyo-Ando et al., 2007; Zhang et al., 2012a). Most of early Golgi compartments appear directly juxtaposed to late Golgi compartments, indicating that Golgi mini-stacks contain early and late compartments in C. elegans, which is similar to mammals but distinct from budding yeast where early and late Golgi compartments are spatially separated (Sato et al., 2011). Depending upon their sorting in the TGN, newly synthesized proteins are transported to the plasma membrane or endosomes. Lysosomal hydrolases are typically sorted in the TGN for delivery to endosomes by mannose-6-phosphate receptors or Vps10/sortillin type receptors in other organisms. However, C. elegans does not have any obvious homologs of mannose-6-phosphate receptors or Vps10/sortillin type receptors. Leaving it a mystery for the moment as to how the sorting of lysosomal hydrolases is achieved. Interestingly, Golgi compartments are often observed closely juxtaposed to RAB-5-positive endosomes and partly to RME-1 positive tubulo-vesicular recycling endosomes, consistent with the existence of transport pathways linking these organelles (Sato et al., 2009; Kang et al., 2011; Sato et al., 2011).

3.1. Yolk as a model cargo for studies of secretion and endocytosis

C. elegans yolk is a lipoprotein particle related to LDL, expressed specifically in the adult hermaphrodite intestine, that is responsible for transporting lipids from the intestine to the oocytes (Kimble and Sharrock, 1983; Sharrock, 1983). Similarly, vertebrate yolk particles, in animals such as birds and amphibians, transport lipids from the liver to the oocytes. C. elegans yolk consists of yolk proteins (YPs) YP170a, YP170b, YP115, and YP88 complexed with phospholipids, cholesterol, triglycerides, and other lipids (Kimble and Sharrock, 1983; Sharrock, 1983; Sharrock et al., 1990). The polyunsaturated fatty acids (PUFAs) found in C. elegans yolk are precursors of eicosanoid signaling molecules required for attracting sperm to oocytes for fertilization (Kubagawa et al., 2006). C. elegans yolk transport from the Golgi to the ER and intra-Golgi transport in yeast and mammalian cells, also results in accumulation of YP170::GFP in the intestinal cells (Grant and Hirsh, 1999; Balklava et al., 2007). These results suggest that yolk is transported in a COPII- and COPI-dependent fashion as expected. SNARE proteins important for yolk secretion include SYN-5, a Syntaxin type t-SNARE required for ER to the Golgi transport, and SNAP-29, a SNAP-25 family t-SNARE required for multiple transport steps (Kang et al., 2011; Sato et al., 2011). Mechanisms of yolk transport from the Golgi to the plasma membrane remain unknown.

3.2. Regulated secretion of cortical granules in the zygote

Cortical granules (CGs) are fertilization-regulated secretory granules that deliver enzymes for the modification of the zona pellucida, a process important for the prevention of polyspermy in animal zygotes (Liu, 2011). Although
CG exocytosis is a classic example of developmentally controlled trafficking, until recently the molecular mechanisms underlying the biogenesis and exocytosis of CGs had remained largely unknown. In *C. elegans*, CGs were first identified because they are strongly labeled by CAV-1::GFP expressed in oocytes (Sato et al., 2006; Sato et al., 2008a). This work showed that as developing oocytes enter diplotene of meiosis I, CAV-1::GFP begins to accumulate in large vesicles associated with the Golgi. These CAV-1::GFP positive CGs are scattered around the cytoplasm of developing oocytes, but redistribute to a bimodal localization near the plasma membrane and around the nucleus during oocyte maturation and ovulation. Upon fertilization, all CGs move to the cell periphery and appear to be tethered to the PM. Finally, CGs undergo synchronous fusion with the PM. *C. elegans* CG exocytosis is required for proper eggshell formation and normal cytokinesis of embryonic cells, rather than the prevention of polyspermy (Bembenek et al., 2007; Sato et al., 2008a). Chondroitin synthesis is known to be required for early embryonic cytokinesis, and chondroitin proteoglycans, along with other extracellular matrix components such as mucin-like glycoproteins, are known CG cargo released upon plasma membrane fusion (Mizuguchi et al., 2003; Bembenek et al., 2007; Sato et al., 2008a; Olson et al., 2012).

The small GTPases, SAR-1 and RAB-1, are required for the transport of CAV-1::GFP from the ER to the Golgi. The formation of CGs from the Golgi depends on an Arf family GTPase, ARF-1, and its guanine nucleotide exchange factor, AGEF-1 (Sato et al., 2006). RAB-11, SYN-4 (syntaxin 1 homolog), RAB-6, and Separase are all required for late steps CG exocytosis (Bembenek et al., 2007; Sato et al., 2008a; Kimura and Kimura, 2012). SNB-1 (synaptotobrevin1 homolog) localizes to CGs and may function in the fusion with the PM together with SYN-4, although this awaits a direct demonstration (Sato et al., 2008a). Interestingly, the localization of RAB-11 seems to be dynamically regulated during oocyte maturation. In growing oocytes, RAB-11 is required for the endocytic recycling of a yolk receptor, RME-2, and GFP::RAB-11 localizes to the peripheral recycling endosomes and the Golgi-like puncta (Grant and Hirsh, 1999). When oocytes mature in response to a signal from sperm, GFP::RAB-11 moves transiently to the CGs (Sato et al., 2008a). After CG exocytosis, GFP::RAB-11 redistributes to endosomes in zygotes.

The timing of CG exocytosis is tightly linked to developmental events. CG exocytosis occurs at the onset of anaphase I after fertilization (Sato et al., 2006). The anaphase promoting complex (APC/C) is essential for the transition from metaphase I to anaphase I (Golden et al., 2000). Depletion of APC/C subunits does not affect CG biogenesis or plasma membrane tethering, but blocks CG exocytosis (Sato et al., 2006). Mutations in separase (SEP-1), an effector of APC/C, also blocks CG exocytosis, and SEP-1 is thought to function directly in CG exocytosis, in addition to its more well-known roles in chromosome segregation (Bembenek et al., 2007). During anaphase separase cleaves a subunit of cohesin, allowing the sister chromatid segregation (Nasmyth, 2002). APC/C activates separase by degrading securin, an inhibitor of separase.

Work in *C. elegans* identified a new and unexpected role for seprase in membrane traffic (Bembenek et al., 2007). Transient recruitment of SEP-1 to CGs appears to be required for CG exocytosis. Such recruitment requires cyclin-dependent kinase CDK-1 and the small GTPase, RAB-6.1 (Kimura and Kimura, 2012), and is negatively regulated by protein phosphatase 5 (Richie et al., 2011). RAB-6.1 may directly recruit separase to the cortical granules, but no physical interaction between these two proteins has yet been demonstrated. Interestingly recent work indicates that depletion of separase or securin affects both exocytic and endocytic pathways in mammalian cells by affecting acidification of the endomembrane system (Bacac et al., 2011). Thus separase and securin may have more general roles in membrane trafficking, rather than being specific for CG exocytosis, although their precise role on membranes remains unclear.

### 3.3. Secretion of Hedgehog-related proteins

Hedgehog (Hh) family proteins are secreted signaling proteins with diverse developmental roles in metazoans (Therond, 2012). Canonical Hh proteins are proproteins consisting of an N-terminal and a C-terminal domain. The C-terminal domain contains a protease with autocatalytic cleavage activity. In *Drosophila*, after Hh has been subject to autocleavage, a cholesterol moiety is covalently linked to the Hh C-terminus, and a palmitoyl moiety is added to its N-terminus. Palmytoylation of Hh proteins is catalyzed by O-acyltransferase. Secretion of lipid-modified Hh depends upon Dispatched (Disp), which has 12 transmembrane-domains and a sterol sensing domain (Burke et al., 1999). *C. elegans* has 61 proteins that show a similarity with the C-terminal protease domain of Hh, although the *C. elegans* genome lacks a direct Hh ortholog (Zugasti et al., 2005). The 61 *C. elegans* Hh-related proteins have been divided into 4 families named Warthog (WRT), Ground hog (GRD), Ground hog-like (GRL), and Quahog (QUA). The *C. elegans* genome also contains two dispatched homologs, CHE-14 and PTD-2 (see WormBook chapter Homologs of the Hh signaling network in *C. elegans*). The *che-14* gene is expressed in epithelial cells of the ectoderm and localizes to apical membranes (Michaux et al., 2000). *che-14* mutants accumulate secretory vesicles beneath the apical surface of the amphid support cells, and amorphous materials at the apical surface of the epidermis, indicating a role for CHE-14 in apical secretion.
Exosomes are small secreted vesicles released from the cell surface via direct fusion of MVBs, including their ILVs (exosomes), with the plasma membrane (Bobrie et al., 2011). Exosomes appear to be involved in the apical secretion of Hh-related proteins in C. elegans (Liegeois et al., 2006). In wild-type animals, small light MVBs, including ILVs, are often observed just beneath the apical membrane of the epidermis, while small vesicles, which appear to be derived from ILVs in MVBs, are found immediately above the plasma membrane in the inner cuticular layer, suggesting that exosomes are released from the apical plasma membrane of epidermis by a direct fusion of MVBs with the plasma membrane (Liegeois et al., 2006). Interestingly, some mutant alleles of \(vha-5\), which encodes an α-subunit of the V0 sector functioning together with V1 sectors as the V-ATPase, accumulate large dense MVBs in the hypodermis, and show defects in cuticle formation. The V0 sector of the V-ATPase is known to promote membrane fusion in other organisms and thus may function to help fusion of the MVBs to the apical membrane and release of the internal vesicles as exosomes containing Hh-related proteins (Peters et al., 2001; Bayer et al., 2003; Hiesinger et al., 2005). Consistent with this model, VHA-5 protein localizes to the apical membrane and the limiting membrane of MVBs in the hypodermis (Liegeois et al., 2006). Fluorescently labeled Hh-related proteins such as WNT-2 and WNT-8 accumulate in the MVBs of the epidermis of \(vha-5\) mutant animals, suggesting these may be secreted in a V0 dependent manner. Mutant alleles of \(vha-5\) were also identified as \(rdy-1\) (rod-like larval lethality and dye-filling defective), a mutant that displays a \(che-14\)-like phenotype (Liegeois et al., 2007). In one mutant that affects the trafficking function of VHA-5, CHE-14 protein accumulates with the mutant VHA-5 protein, presumably in MVBs. These results suggest that VHA-5 is involved in a late step of exosome secretion in the hypodermis. The precise roles of VHA-5 and CHE-14, and the relationship between these proteins in secretion of Hh-related proteins, remain unknown.

### 3.4. Secretion of Wnt proteins

Recent studies in C. elegans have revealed a specific role for the transmembrane protein MIG-14/Wntless in secretion of Wnt proteins such as EGL-20 (Coureaudese et al., 2006; Pan et al., 2008; Yang et al., 2008b). EGL-20 is a Wnt family ligand that directs the migration of the HSN neurons and QL neuroblasts along anterior-posterior axis (see Wnt signaling in C. elegans). Wnt family ligands are lipid-modified secreted proteins that bind to Wnt receptors such as MIG-1 and LIN-17, triggering an intracellular Wnt signaling cascade (Wnt signaling in C. elegans). MIG-14 appears to bind to Wnt ligands in the Golgi and chaperone them to the cell surface for release (Pan et al., 2008; Yang et al., 2008b). Without MIG-14, Wnt-ligands are trapped intracellularly and Wnt secretion is very poor, leading to multiple Wnt-related phenotypes. MIG-14 must be efficiently endocytosed and recycled to maintain this pathway. The recycling process is discussed above.

### 3.5. Function of Golgi clathrin and the AP1 clathrin adaptor complex in intestinal tubulogenesis

Besides endocytosis, another important role for clathrin, with its Golgi adapter AP1, is in the production of vesicles that bud from the Golgi. In general such vesicles are not thought to carry cargo to the plasma membrane, but rather they are thought to carry cargo to endosomes. In most cases these vesicles contain newly synthesized lysosomal hydrolyases that will move from endosomes to lysosomes. However in polarized epithelial cells, there is evidence that endosomes can act as intermediaries in the secretory pathway, receiving cargo from the Golgi and sending it to either the basolateral or apical plasma membrane (Ang et al., 2004; Hua et al., 2006). Consistent with this idea, analysis in C. elegans identified a requirement for CHC-1 and the AP1 adaptor in establishing/maintaining polarity during intestinal development (Shafaq-Zadah et al., 2012; Zhang et al., 2012b). Loss of CHC-1 or AP1 subunits mislocalized apical membrane markers basolaterally, and mislocalized some basolateral markers apically. Furthermore loss of CHC-1 or AP1 often produced ectopic lateral lumens. AP1 was also important for the apical localization of peripheral membrane proteins CDC-42 and PAR-6. Thus it appears that AP1 is important for the apico-basal sorting of secretory proteins in the intestine, and is a key factor in polarized epithelial tubulogenesis. CHC and AP-1 likely function directly in the sorting process, since work in mammalian polarized MDCK cells shows that knockdown of AP1 components also causes missorting of basolateral proteins (Gonzalez and Rodriguez-Boulan, 2009). This MDCK cell work showed roles for AP1 at the TGN and common recycling endosomes.

### 3.6. Secretion of fibroblast growth factor (FGF) EGL-17

During larval development FGF-type ligand EGL-17 is secreted by the vulval precursor cell P6.p to attract migrating sex myoblast cells (SMs). The SMs migrate anteriorly to the presumptive vulval region, eventually forming the vulval muscles required for efficient egg laying and contributing to the uterus as well (Thomas et al., 1990). Loss of the large lipoprotein receptors LRP-1 and LRP-2 inhibited secretion of EGL-17 from P6.p, and a specific region of the extracellular domain of LRP-2 was shown to bind to EGL-17 in vitro (Kamikura and Cooper, 2003; Kamikura and Cooper, 2006). Thus it was proposed that LRP-1 and LRP-2 bind to EGL-17 in the ER or Golgi...
and chaperone EGL-17 through the secretory system to the cell surface for release. The clathrin adapter DAB-1 was shown to bind to the intracellular domains of LRP-1 and LRP-2, and dab-1 mutants trap EGL-17 in the VPCs, blocking EGL-17 secretion (Kamikura and Cooper, 2003; Kamikura and Cooper, 2006). Loss of DAB-1 may affect EGL-17 indirectly by trapping LRP-1 and LRP-2 at the plasma membrane, or directly, by blocking secretion from the Golgi. EGL-17 secretion also depended upon the clathrin adapter complex AP-1, UNC-41/stonin and APT-9/gga1 clathrin adapters, and GTPases RAB-5 and RAB-8, suggesting that EGL-17/LRP complex secretion requires transport through endosomes.

3.7. COG and GARP tethering complexes

The COG (conserved oligomeric Golgi) complex consists of 8 subunits (COG1-COG8) and has been shown to function as a vesicle tethering factor that regulates retrograde transport within the Golgi and between the Golgi and endosome-derived transport vesicles (Miller and Ungar, 2012). In other species loss of COG function leads to mislocalization of Golgi glycosylation enzymes and defects in Golgi-mediated glycosylation of secreted proteins (Miller and Ungar, 2012). The *C. elegans* genome encodes homologs of all 8 COG complex subunits (Kubota et al., 2006). Recently, mutant alleles of cogc-1 and cogc-3, which encode *C. elegans* COG1 and COG3 respectively, were identified as mig mutants defective in the migration of gonadal distal tip cells (DTCs) (Kubota et al., 2006). Further investigation showed that a Golgi-localized nucleotide diphosphatase, MIG-23, is mislocalized, and its steady-state levels dramatically reduced in the cogc mutants.

Gonadal DTCs migration is regulated by several secreted proteins such as UNC-6/metrin and the ADAM family proteases, MIG-17 and GON-1. In the cogc mutants, MIG-17 glycosylation is incomplete. Such underglycosylated MIG-17 is secreted, but fails to properly assemble within the gonadal basement membrane where it is required for gonad migration (Kubota et al., 2006). These observations suggest that normal glycosylation of guidance factors in the Golgi is important for the correct targeting of these molecules to a specific ECM destinations.

The GARP (Golgi-associated retrograde transport) complex consists of 4 subunits (Vps51p, Vps52p, Vps53, Vps54p) and has been shown to function as a vesicle-tethering factor for the retrograde transport from endosomes to the Golgi in other species. The *C. elegans* genome has genes encoding all 4 GARP subunits (Luo et al., 2011). The *C. elegans* GARP complex localizes to the Golgi and interacts with Golgi SNAREs, such as SYN-5, SYN-16, and VTI-1, as well as the small GTPases, RAB-6.1 and RAB-6.2, as seen in yeast and mammals. Knockout mutants of each GARP subunit gene are viable but exhibit enlargement of lysosomal compartments in coelomocytes.

In *C. elegans* embryos, puncta of GFP::LGG-1 are induced in whole embryos around the 32- to 64-cell stages, suggesting multiple rounds of induction of autophagy during embryogenesis (Sato and Sato, 2011). The first
induction of autophagy in 1-cell stage embryos depends on fertilization, because autophagy is not induced in unfertilized eggs of the spe-9 mutant that has infertile sperm but shows normal oocyte maturation and ovulation. Interestingly, in polyspermic embryos autophagosomes surround each penetrating sperm. This observation suggests that autophagy is induced by sperm entry to remove some of the paternally provided components. In fact, it was determined that these autophagosomes selectively sequester paternally inherited organelles such as mitochondria and membranous organelles (MOs), and target them to lysosomal degradation (Al Rawi et al., 2011; Sato and Sato, 2011). MOs are sperm-specific post-Golgi organelles essential for sperm fertility and enter the ooplasm upon fertilization together with sperm mitochondria (Gleason et al., 2006). This type of autophagy is referred to as “allophagy” for allogeneic (non-self) organelle autophagy (Sato and Sato, 2012). Allophagy could also explain the mechanism of maternal inheritance of mitochondrial DNA (mtDNA). Maternal (uniparental) inheritance of mtDNA is observed in many species, although the precise mechanism has not been clear (Sato and Sato, 2013b). mtDNA is maternally inherited in wild-type C. elegans. However, in autophagy-defective mutants, paternal mtDNA is abnormally transmitted to the next generation, suggesting that paternal mtDNA is eliminated from embryos by allophagy (Al Rawi et al., 2011; Sato and Sato, 2011). More work will be required to understand how the paternal organelles are recognized and targeted to autophagosomes. Ubiquitylation may be involved in MO recognition because a strong ubiquitylation signal is detectable on MOs in fertilized embryos. In addition to autophagy, it has been reported that RNAi of some proteasomal subunits results in the defective elimination of paternal mtDNA from embryos (Zhou et al., 2011b), implying that the proteasomal system is also involved in degradation of paternal mitochondria.

Autophagy is also involved in degradation of extra P-granule components in embryonic somatic cells. P-granules are large ribonucleoprotein complexes found specifically in the germ line cytoplasm, and PGL-1 and PGL-3 proteins are representative constituents of P-granules (Kawasaki et al., 1998; Kawasaki et al., 2004; Updike and Strome, 2010). During early embryogenesis, several mechanisms promote segregation of maternally inherited P-granules specifically to the germ cell lineage. Autophagy further degrades extra P-granule components in embryonic somatic cells. In 100-cell stage embryos defective in autophagy, PGL-1 and PGL-3 remain abnormally in somatic cells and form aggregates called PGL granules. sepa-1 was identified in a genetic screen for suppressors of the ectopic accumulation of PGL granules in autophagy mutants (Zhang et al., 2009). It was demonstrated that SEPA-1 binds both PGL-3 and LGG-1 and functions as an adaptor molecule that recruits P-granule components to autophagosomes. Many additional autophagy-related mutants were identified in a worm genetic screen based on ectopic accumulation of GFP::PGL-1 in somatic cells (epg: ectopic PGL granule mutants). This screen successfully identified several genes conserved in mammals but not in yeast, suggesting that worm genetics is a powerful tool to identify new factors conserved in multicellular organisms (Lu et al., 2013; Sato and Sato, 2013a).

5. Summary

Recent years have marked an explosion in membrane trafficking data from C. elegans studies. Many of these studies have identified novel mechanisms that regulate specific transport steps and have shown that the mechanistic insights gleaned from analysis of trafficking in C. elegans can predict the mechanisms of membrane trafficking in mammals. Many studies have started to integrate this basic cell biological information with analysis of higher order development and physiology. Understanding how trafficking regulates, and is regulated by, the development and functions of differing cell-types and tissues will remain a major goal for the field to tackle in the coming years.

6. Tables 1 and 2

Table 1: Arf, Sar, and Rab family genes

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7. Acknowledgements

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8. References


C. elegans as a model for membrane traffic


